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Entertainment

Bubl  nets six Juno nods
pg 40



Is that you Chief Wiggum?

TRAPPED A Kentucky sheriff says a claustrophobic deputy has lost his job after accidentally locking himself in a jail cell and trying to shoot his way out of it. Adair County Sheriff Ralph Curry told WKYT-TV no one was hurt when Charles Wright fired his weapon.

It happened Monday, the first day a new \$12.4-million US county judicial centre was open to the public after more than a year of construction.

Curry said the former deputy has claustrophobia and has agreed to pay for the damage he did to the cell.

THE ASSOCIATED PRESS

News on the Move

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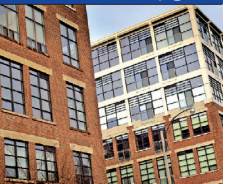


Spring Fun

With March Break just around the corner, there are plenty of activities to keep you busy in the city, including Toronto Comic Con 2010, which will feature an appearance by actress Eliza Dushku. Pages 23-26



Metro Homes pg 27



Trendy, but down to earth

On the web

Visit metronews.ca for news updates



Fashion

Paris



A model wears a creation by Italian designer Marco Zanini for Rochas House yesterday as part of its 2010 Fall-Winter ready-to-wear fashion collection in Paris. More coverage, page 37.

Tories target red ink

Throne speech takes aim at record \$56-billion deficit

Prime Minister Stephen Harper is fashioning himself as Canada's top frugalista with a throne speech meant to impress with style, yet cost little at the cash register.

Aside from some new low-cost accessories — such as loosening of foreign investment rules and more help for single parents — the rest of the wardrobe is a retailing of previous Conservative priorities.

The agenda “recalibration” the Tories promised when Harper controversially shut down Parliament in late December consists mainly of a more restrained spending plan that will shape today’s budget. It’s aimed at slicing the

record \$56-billion deficit the Tories have run up as part of last year’s big-money, recession-buster budget.

Liberal Leader Michael Ignatieff called the recalibration a “regurgitation.” “They shut down Parliament for this?” he asked. “We just came out of the Olympics, the country is on a high, and what does the government offer us? A kind of sorry collection of a lot of old stuff they’ve been offering us for years.”

NDP Leader Jack Layton said the speech falls short in several areas, including no plan to create jobs or fight climate change.

THE CANADIAN PRESS
MORE COVERAGE, PAGE 6

Drivers haven't dialled into new distraction law

CHARGES During the first month of Ontario's new distracted driver law provincial police issued 470 charges to people caught breaking the rules. The law, which bans drivers from using hand-

held devices such as cell-phones, came into effect Oct. 26.

But a three-month grace period ended in January, and starting Feb. 1, drivers caught breaking the law were subject to a \$155 fine.

Between Feb. 1-28, Ontario Provincial Police laid 470 charges and issued 468 warnings, which officers can give on a discretionary basis. Those numbers don't

include fines or warnings issued by local police forces around the province.

The Greater Toronto Area, the province's most populous region, saw the most

fines issued during February at 155.

The law makes it illegal for drivers to talk, text, type, dial or email using hand-held devices. Calls to 911 are an exception.

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Tomorrow's Metro

Urban Compass



John Sewell brings Metro readers the issues that are affecting Torontonians

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Private transit a 'good value' in York Region

Contracting public transportation has worked well in some regions

It's the conversation some say Toronto council has been afraid to have — whether contracting out could lead to a better, more affordable TTC.

Until the mayoral race and budget deliberations suddenly brought the issue to the surface, "There's been an absolute refusal to even consider it," said Coun. Peter Milczyn, who sits on the Toronto Transit Commission. "There may have been people in the civil service who've seen the value of this, but they wouldn't be allowed to pursue it."

Privatized transit might be a radical notion in downtown Toronto. But at least two major regional transit operators already contract their operations.

GO Transit is about halfway through a five-year contract with Montreal-based Bombardier Inc. to crew its trains.

York Region Transit's regular bus service and its premium VIVA bus rapid trans-

it are based on the system of contracted providers inherited from communities such as Markham that were amalgamated into the regional system a decade ago.

"It's good value for our citizens and we have very substantive contracts," said York Region chair Bill Fisch. "We have a process. If they do badly they lose money; if they do well they get bonuses."

"We have a process. If they do badly they lose money; if they do well they get bonuses."

York Region chair Bill Fisch

tional issues. When VIVA drivers employed by Veolia Transportation went on strike two years ago, riders still had the option of using the YRT routes.

The flip-side is that the employer, not elected officials, are responsible for how long a labour dispute drags on.

TORSTAR NEWS SERVICE

Charity Honoured for their work



Prior to last night's performance of Disney on Ice at the Rogers Centre, Laura Stewart, 18, Darren Cole, 15, and Zachary Diaz, 8, were recognized for their charity work. Stewart volunteers with the Special Olympics, Cole started a charity for needy kids and Diaz has raised thousands of dollars to support the Assaulted Women's Helpline Walkathon.

401 salt ruins lakefront 'jewel'

ENVIRONMENT The salt spread on roads during harsh winter storms brings temporary relief to drivers racing down icy roads, but wreaks havoc on vulnerable ecosystems nearby.

In some cases, road salt is destroying them altogether.

An extensive five-year study published this week by researchers at the University of Toronto Scarborough found that Frenchman's Bay, a coastal inland bay in Pickering considered the "jewel" of the city's wa-

terfront, is a stew of harsh contaminants with levels far exceeding provincial water standards.

The pollution has reduced the number of fish, lowered the aquatic diversity and is destroying the provincially significant wetlands around the bay.

Swimming among the few fish are "startling" levels of E. coli, lead, chloride and aluminum, said Nick Eyles, a professor of geology who led the study.

TORSTAR NEWS SERVICE

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TAKE A CLOSER LOOK AT ONTARIO'S NEW TAX PACKAGE

Personal income tax cuts came into effect January 1st

Visit ontario.ca/taxchange to see how the personal income tax changes affect you. And find out more about all of the tax changes including the harmonized sales tax (HST).

One of two tracks damaged when a freight train derailed in eastern Ontario has been reopened, allowing Via Rail to provide service through the area again. Service between Montreal and Toronto was disrupted following Tuesday's CN freight derailment near Morrisburg, Ont. **THE CANADIAN PRESS**

No coyote cull, says minister

Dog attacks 'rare,' 'isolated'

Ontario has no plans to cull coyotes after a series of attacks on dogs.

Natural Resources Minister Linda Jeffrey says there's no evidence that coyotes are posing any risk to people or that incidents involving pets are on the rise.

She says the case of a small dog snatched Monday while on a walk in the Rouge River ravine just east of Toronto is an isolated and rare incident.

Jeffrey says she understands it's upsetting to lose a pet, but adds that several incidents around Toronto and Ottawa are not enough to justify a cull.

It isn't unusual for coyotes to go into neighbourhoods toward the end of a season when there's less game for them to catch in conservation areas, Jeffrey says, especially as neighbourhoods infringe on

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their territory.

But she adds the government is willing to work with any municipality that has an issue and asks for help.

Police say the coyote in this week's attack struck while a 24-year-old woman was walking her two Pomeranians. The coyote made off into the woods with the smaller of the dogs.

Last February, a number of coyote sightings in the east end of Toronto sparked fear after a coyote killed a Chihuahua in its own backyard.

Multiple sightings of a lone coyote in a residential Ottawa neighbourhood earlier this year also had residents in that area concerned. **THE CANADIAN PRESS**



Linda Jeffrey

Cool runnings Believing



Olympic gold medalist Jasey Jay Anderson, right, and other Canadian athletes meet kids at Grenoble Public School yesterday. Anderson, a snowboarder, came in first in the men's parallel giant slalom in the recent Vancouver 2010 Games.

Man dead after being hit by flatbed tow truck

TORONTO A 56-year-old man is the latest pedestrian to die on the streets of Toronto.

Police say the man was crossing in the middle of the block (on Horner Avenue, west of Kipling Avenue) Tuesday afternoon

when he was hit by a flatbed tow truck. Police say the 45-year-old truck driver tried to stop but he couldn't stop in time.

The pedestrian suffered major trauma and was pronounced dead in hospital. He's Toronto's 13th traffic

fatality of the year.

In January, Toronto police mounted a jaywalking ticketing blitz, calling on motorists and pedestrians to pay more attention after 14 pedestrians were struck and killed in the GTA that month. **THE CANADIAN PRESS**

Ontario won't follow B.C.'s HST plan: McGuinty

REVENUE Premier Dalton McGuinty says Ontario will not follow B.C.'s lead in directing all revenues from the harmonized sales tax into health care.

British Columbia said Tuesday that it will use the money generated by the unpopular tax to help fund rising health-care costs.

But McGuinty says Ontario — the only other province moving to merge sales taxes this July — isn't prepared to make that commitment.

McGuinty says his government is introducing its own measures to offset the impact of the HST, but isn't prepared to make a call about how specific revenues will be allocated.

He says what's needed is a broader conversation about the future and reliability of health care to ensure services are available for an aging population.

He adds that while health care is a big concern for people, so are schools, the environment and the economy — and all those needs must be considered.

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Councillor apologizes

Fletcher says sorry after shouting down citizen at public meeting

A Toronto city councillor is apologizing for lashing out at a participant in the city's public budget consultations on Monday night.

Coun. Paula Fletcher admits she lost her temper after resident John Smith asked a question about cutting the city's expenses.



Paula Fletcher

Fletcher, the councillor for Toronto-Danforth, was captured on video accusing the man of being sent to the meeting by radio host John Tory — a former mayoral candidate.

Budget chief Shelley Carroll can be seen in the footage urging Fletcher to calm down.

The outburst came in the middle of two long days of public hearings in which 53 individuals and groups — such as unions, arts organizations, lobbyists and seniors' groups — made statements.

In the current proposal on the table, every depart-

ment has been asked to make cuts in order to balance this year's \$9.2-billion operating budget.

"We have some tough decisions to make," said Coun. Adam Vaughan. "We are going to listen to people and try to make the best decisions possible ... We're prepared to sit down there and take our lumps."

CUPE Local 70 president Ann Dembinksi spoke at the hearing regarding the possibility that two Toronto ski hills and a public campground could be on the chopping block.

The budget committee will take the public input into consideration before presenting the final budget to city council in April.

THE CANADIAN PRESS

Sorry for what, exactly? See video of Paula Fletcher's heated words with John Smith at: metronews.ca/local

Community split on hospital levy

HEALTH Oakville residents like the idea of having a new \$1 billion-plus hospital, but many oppose a proposed annual levy, averaging \$140 per household for 30 years, to help fund it.

This has created an election-year dilemma for town councillors, who balked at approving the idea to meet the province's original March 1 deadline. Council asked for more time to consider the issue and was given until April 24.

A commitment from the town is needed by that date for the project to proceed.

A recent telephone, Internet and mail survey of almost 3,000 residents

found that only a slight majority back the idea of a special levy to cover the town's \$200-million share of the funding, according to a staff report released at council Monday.

"We respect that public opinion is very split on this issue," Mayor Rob Burton said in a prepared statement. "I think the extra time we have to make our decision will give council the time to find a solution that bridges the split in public opinion."

He added that the extra time will help Oakville "get the best deal possible for our taxpayers."

2015

• If approved, Oakville residents would start paying the levy in 2015.

News in brief

OFFICER DIES A Toronto-area police officer who died after his cruiser ended up wrapped around a light standard following a collision with a married father of a three-year-old son, police said yesterday. Peel region police Const. Artem (James) Otchakovski was a "fine young officer who cared for his family and served his community with

pride," said Chief Mike Metcalf. Otchakovski was on duty late Monday when he headed to assist another officer in a non-emergency situation. His marked cruiser collided with another vehicle in Brampton just before 11 p.m. The 22-year-old Brampton man driving the other vehicle suffered minor injuries.

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Canada



PM reaches out to Chile

Prime Minister Stephen Harper has spoken with Chilean President Michelle Bachelet, offering his condolences and support after Saturday's devastating earthquake that killed more than 700. Ottawa has already said it will provide up to \$2 million for humanitarian assistance.

THE CANADIAN PRESS

Hold the phone

Today's budget may show rates will drop

Cheaper cellphone rates? It's possible after yesterday's throne speech.

The speech shows the federal government is throwing open Canada's telecommunications industry to foreign competition — setting the stage for more wireless players.

And industry analysts say the ramifications of the telecom policy shift won't be known until more details are revealed, possibly as early as today's budget.

"Our government will open Canada's doors to venture capital and to foreign investment ..."

Throne speech

The move is not entirely a surprise, given that Industry Minister Tony Clement recently overturned a CRTC ruling that disqualified a new entrant

into the wireless market, Toronto-based Globalive Wireless, for being too foreign owned.

"Our government will open Canada's doors to venture capital and to foreign investment in key sectors, including the satellite and telecommunications industries, giving Canadian firms access to the funds and expertise they need," the throne speech states.

THE CANADIAN PRESS

Now will Ottawa let in 'the elephants'?

FALLOUT Analysts' response: "There's a difference between opening the door part of the way and letting cats and dogs through and

opening it all the way and letting the elephants in. It really depends on what we see tomorrow," said Duncan Stewart, a telecom ana-

lyst with Deloitte Canada. "I think this is long overdue," said Michael Geist, of the University of Ottawa.

THE CANADIAN PRESS



Governor General Michaëlle Jean reads the throne speech.

More recalls on the way: Analysts

AUTO Vehicle recalls could become broader and more frequent as automakers use increasingly complex technology and standardized manufacturing processes, analysts say.

"This is a recipe for more rather (than) fewer recall situations," industry analyst Dennis DesRosiers said yesterday, reacting to a flurry of recent recalls that have included Toyota, GM and many other global carmakers.

THE CANADIAN PRESS

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Own the Auditorium? Arts community hopes for same treatment as athletes in today's budget. Scan this code for the full story. Learn how to scan the barcode with the instructions at the top of pg 3

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Critics blast Tories' pick

New head of human rights group announced in 'dead of night'

The Conservative government has now "effectively destroyed" an internationally respected human rights and democracy-promoting organization, Liberal Leader Michael Ignatieff said yesterday.

The latest development in the ongoing troubles at the government-funded, arms-length agency Rights and Democracy came late Tuesday evening when Foreign Affairs Minister Lawrence Cannon issued a news release naming Cannon a new president.

Critics say the "dead-of-night" announcement of Gerard Latulippe — a man whose proposed appointment was rejected in government consultations with all three opposition parties — neatly sums up Conservative operating principles.

"They don't listen to anybody," said Ignatieff.

Latulippe was a former Quebec provincial Liberal with Cannon and later ran federally for the Canadian Alliance in 2000. He's the resident director of the National Democratic Institute in Haiti.

Latulippe replaces Remy Beauregard, who died in January of a heart attack after repeated clashes with staunch pro-Israel appointees to the agency's board of directors.

Latulippe has written about what he considers the problem of Muslim immigration patterns in Quebec and its potential for breeding homegrown terrorism.

Critics accuse the Harper government of trying to gag legitimate criticism of Israel by meddling in what is supposed to be an independent body.

THE CANADIAN PRESS



Ottawa Mercer helps kick off Paralympic relay



Comedian Rick Mercer runs with the Paralympic torch during the start of the Paralympic torch relay on Parliament Hill in Ottawa yesterday.

Potash to cost Saskatchewan millions, report finds

DEBT Potash revenues were supposed to boost the coffers in Saskatchewan, but now the province is in the hole on the mineral and will be forced to pay back money it collected from producers.

The third-quarter financial report released Tuesday forecasts that the provincial government won't make any money on potash in 2009-10 and is actually in the red by \$203.9 million after an unprecedented drop

in demand for the fertilizer.

The drop was driven by farmers around the world who balked at paying high prices for fertilizers such as potash during the recession.

THE CANADIAN PRESS

Lawyer suggests Syncrude staff told to stop cleaning ducks

COURT A lawyer for Syncrude Canada is suggesting the federal government stopped company workers from cleaning oily bitumen from some of the 1,600 birds that landed on a massive toxic tailings pond two years ago.

Syncrude lawyer Robert White asked yesterday whether federal officials stopped a team of employees from washing the struggling birds because the company didn't have permits to handle wildlife.

Todd Powell, a senior wildlife biologist for the Alberta government, said he didn't have any knowledge of an order to stop cleaning the birds.

Syncrude is on trial on federal and Alberta environmental charges over the deaths of the ducks in its Aurora tailings pond on April 28, 2008.

The Crown contends Syncrude was the only oilsands company in the area that didn't have special sonic cannons deployed that day to scare away waterfowl.

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Arctic rival to help our troops

Danes and Canadians will push far out on to the remote sea ice

Canadian soldiers will patrol higher into Canada's Arctic than ever before to enforce national sovereignty.

And they will do so with the help of Denmark — a country often seen as a chief rival for control of the region.

A Danish dogsled team is to join about 150 soldiers and Canadian Rangers next month on the northern tip of Ellesmere Island and out on the sea ice.

"It's the first time for them"

Brig.-Gen. David Millar

The military has never ventured beyond land's end and out toward the boundary of Canadian jurisdiction.

"We're going to project our forces out onto the Arctic Ocean," said Brig.-Gen. David Millar, commander of the military's Joint Task Force North.

It will be the first chance for some members of the army's Arctic response units to actually train in the North.

"It's the first time for them," said Millar.

"They will be joining us to begin to understand the environmental conditions and the terrain so they can acquire the necessary expertise to ... survive."

THE CANADIAN PRESS

True north tasks

- The soldiers will be based out of Alert on Ellesmere Island's northern tip from April 6 to 26.
- They will take note of ice and open-water conditions.
- They will test new communications systems that will allow them to set up a local area network right on the Arctic Ocean.

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Tall ship Concordia was a 'floating classroom.'

Canada will probe tall ship's sinking

RESCUE The Transportation Safety Board will conduct its own investigation into the sinking of the sailing vessel Concordia off Brazil last month.

The board says it has been gathering information since the vessel went down on Feb. 17, with all 64 crew getting off safely.

The probe will be parallel to one being done by Barbados, where the Concordia was registered.

But the scope and methodology will likely be

High-seas drama

- The Canadian-owned Concordia was a sail-training yacht operated out of Lunenburg, N.S., as a "floating classroom."
- The ship's students and crew were in life-rafts for 40 hours before being rescued.

different than that of the Barbados authority.

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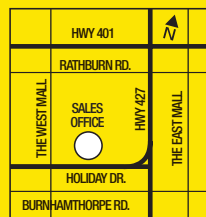
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A popular Vancouver-area gelato shop is suing Olympic organizers and three levels of government for disrupting business during pre-Games road construction. **THE CANADIAN PRESS**

Surgical victim sues for \$2.2M

A woman whose healthy breast was removed by a doctor in the mistaken belief it was cancerous is suing for the devastation she says the unnecessary surgery has caused her.

Laurie Johnston, of Leamington, Ont., is seeking \$2.2 million in damages amid several investigations into how she and at least one other woman became surgical victims. "Sometimes, I'm alone

and I just sit there and think about it, and I start to cry," Johnston said yesterday.

"If I'm not crying, I'm angry, anxious. I'm having a hard time dealing with those emotions."

Johnston's lawsuit names her surgeon, Dr. Barbara Heartwell, pathologist Dr. Olive Williams as well as Hotel-Dieu Grace Hospital in Windsor, Ont., where the surgery took

place, and the Leamington District Memorial Hospital.

The suit, filed Tuesday in Ontario Superior Court in Windsor, seeks \$1 million in general and special damages for her physical and emotional distress, along with punitive and aggravated damages of another \$1 million. Johnston's two daughters and sister are seeking another \$220,000 in damages.

The suit alleges the

healthy mother had her left breast and six lymph nodes removed based on Heartwell's negligent cancer diagnosis.

The suit also claims that Williams' pathology report, which concluded she did not have cancer, was confusing and contributed to the misdiagnosis.

None of the allegations in the lawsuit have been proven in court.

THE CANADIAN PRESS



Laurie Johnston, left, leaves a press conference with her lawyer Barbara MacFarlane in Toronto yesterday.



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Men see spending benefit, says expert

STIMULUS Women have only seen a small part of the action in the Conservative government's "Economic Action Plan," according to a new study of how the sexes are faring in federal stimulus spending.

As the federal government prepares to roll out a new budget today, a new study by a Queen's University professor argues that men are seeing a disproportionate share of the benefits of Ottawa's record spending over the past year.

According to Kathleen Lahey's analysis, women have only received about 7

to 22 per cent of federal infrastructure spending, because they are under-represented in the construction, manufacturing and engineering industries.

By Lahey's calculations, women are also not getting as much as men out of the billions Ottawa has committed to corporate, GST and personal-income tax cuts. And though women represent around 50 per cent of the population, they're only seeing roughly a third of the enhancements to the employment-insurance program, according to Lahey's study. **TORSTAR NEWS SERVICE**



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What causes hereditary hair loss?

Each hair grows from a pocket in the skin called the hair follicle. During its growing phase, the follicle has a bulb-shaped bottom, the center of which is called the dermal papilla. The papilla is fed by very small blood vessels, which bring it food & oxygen and remove wastes. The papilla is highly sensitive to hormones and chemicals secreted by the body (*or ingested as a medicine*) which impacts hair growth.

It is believed that some individuals have a genetic predisposition to a receding hairline (*most common in men*) or hair/follicle thinning over larger areas of scalp (*more common in women*). These conditions result from hormonal changes caused by an enzyme in the dermal papilla called 5-alpha-reductase. This enzyme breaks down the hormone testosterone into dihydrotestosterone (DHT).

Over a period of time, an over abundance of DHT causes the hair follicle to degrade and shortens the active phase of the hair, eventually leading to thinner hair and eventual hair loss.

How does BIO-FEN PLUS™ work?

Specific compounds within the herbal extracts inhibit the 5-alpha-reductase (*and therefore reduce DHT*) to prevent or slow down the rate of hair loss. This process is the principle by which the prescription drugs such as

Propecia (*finasteride*) work. However, BIO-FEN PLUS™ also contains additional compounds which remove excess cholesterol and testosterone – the building blocks of DHT.

BIO-FEN PLUS™ also contains vitamins to increase blood flow to the small capillaries that feed the hair roots, to deliver the active herbal compounds and remove waste. **Therefore, BIO-FEN PLUS™ provides a natural, safer alternative to expensive drugs, and/or expensive & painful hair transplants.** As with the prescription alternatives, results vary from person to person, and no one product will work for everyone.

How long must I use BIO-FEN PLUS™ ?

BIO-FEN PLUS™ capsules are usually effective at stopping hair loss within the first two months. However, since healthy hair grows only about 1 cm each month, it may take up to three months before you notice that hair growth is increased or further hair loss is stopped. Anyone experiencing new growth will see it within four to six months. Once results become apparent, some users are able to reduce their BIO-FEN PLUS™ supplement dose to one capsule every second or every third day. Some clients will continue to take BIO-FEN PLUS™ daily. Once you stop completely, however, your hair growth pattern will slowly go back to the point where you started.

How safe is BIO-FEN PLUS™ ?

The ingredient combination in BIO-FEN PLUS™ is generally safe for most adults. However, the following cautions are advised:

Folic acid: Consult a health care practitioner if you are uncertain whether or not you are taking adequate vitamin B12, as folate supplementation can mask a Vitamin B12 deficiency.

Vitamin B3: Consult a health care practitioner prior to use if you have impaired liver function.

Vitamin B6: Consult a health care practitioner prior to use if you are taking levodopa.

What is the quality of BIO-FEN PLUS™ ?

BIO-FEN PLUS™ is manufactured in Canada according to a quality assurance program called Good Manufacturing Practices (GMP). This ensures that the ingredients are tested for their level of quality, potency & purity, prior to production and again prior to sale.

See our website to locate your nearest Health Food Store or Pharmacy that offers BIO-FEN PLUS™ and

other quality products from Hair Grow Technology. If you have any questions or comments about our products that target hair loss and support the growth of strong, healthy hair, please do not hesitate to contact us.

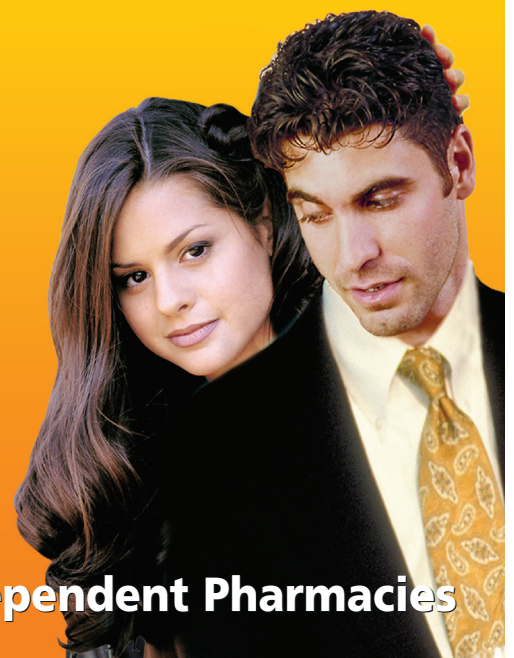
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Fenugreek (<i>Trigonella feonum graecum</i>) seed extract 4:1	260 mg
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Flax lignans, standardized to 20% secoisolariciresinol diglucoside (SDG)	100 mg
D-calcium pantothenate (<i>Vitamin B5</i>)	10.40 mg
Niacinamide (<i>Vitamin B3</i>)	10.25 mg
Pyridoxine HCl (<i>Vitamin B6</i>)	2.00 mg
Riboflavin (<i>Vitamin B2</i>)	1.58 mg
Folic acid	0.095 mg
Biotin	400 mcg

Non-medicinal ingredients: inert microcrystalline cellulose and vegetable-based magnesium stearate in a veggie-based capsule.

Recommended adult dose:
.....one capsule per day

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Last two American missionaries expect to be released from Haitian jail soon

The last two Idaho missionaries jailed for trying to take Haitian children out of the country expect to head home soon. Laura Silsby told The Associated Press from behind bars she doesn't think they will be there "much longer." THE ASSOCIATED PRESS

World



'Miracle on Hudson' pilot retiring

Captain Chesley "Sully" Sullenberger, who was hailed a hero after piloting the US Airways flight that landed on the Hudson River in January of last year, is retiring. He flew his final flight yesterday with his co-pilot during the Hudson landing, First Officer Jeff Skiles. Sullenberger, 59, will officially end his 30-year career at a private ceremony at his home base at Charlotte (N.C.) Douglas International Airport.

THE ASSOCIATED PRESS

Child directed air traffic: FAA

An air traffic controller at New York's Kennedy Airport was suspended yesterday for allowing his young son to radio instructions to several pilots.

The few quick exchanges between the elementary-school-aged child and jets waiting to take off from JFK, one of America's busiest airports, appeared to delight pilots at the time.

But the Federal Aviation Administration suspended the controller and a supervisor after recordings of the calls were posted on the Internet, then reported on by a Boston TV station.

"This lapse in judgment not only violated FAA's own policies, but common sense standards for professional

conduct. These kinds of distractions are totally unacceptable," FAA Administrator Randy Babbitt said in a statement.

On the recording, which lasts about a minute, the boy appears to repeat instructions fed to him by his father. At no time does the child tell aircraft how to manoeuvre or where they should go.

"JetBlue 171 cleared for takeoff," the boy says in his first call. His father follows that up with a more detailed instruction for the aircraft, which was headed to Sacramento, Calif.

He then offers an explanation to pilots on the air: "This is what you get, guys, when the kids are out of school." THE ASSOCIATED PRESS



People search for survivors yesterday after the landslide in Uganda.

Death toll rises after Ugandan mudslides

UGANDA During heavy rains, village elders told schoolchildren to seek shelter in the hospital in Nametsi. That sanctuary turned into a death trap as a landslide engulfed the building, leaving more than 50 pupils missing and among hundreds feared dead as ava-

lanches of mud slammed into three villages.

Rescuers in this remote corner of eastern Uganda used hand tools to dig through the mud that buried worshippers as they prayed in a church. Workers yesterday found the bodies of six more people, rais-

ing the confirmed death toll to 92, said Kevin Nabutuwa of the Uganda Red Cross.

At least four people were plucked alive from the wreckage, two days after the mudslides began, but more than 250 are missing, said Nabutuwa.

THE ASSOCIATED PRESS

News in brief

UKRAINE Parliament ousted Prime Minister Yulia Tymoshenko in a no-confidence motion yesterday that could end a political deadlock that has forced Ukraine to cope with a severe economic crisis without a budget. Parliament now has 30 days to form a new coalition.

DEADLY WAVE A 26-foot wave smashed into a cruise ship carrying nearly 2,000 people in the Mediterranean Sea yesterday, smashing glass and killing two passengers, according to officials. Another six people suffered light injuries, the Greek coast guard said in a statement. THE ASSOCIATED PRESS

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Obama's Gitterman plan hits hurdle after former detainee returns to lead Taliban resistance. Scan this code for the story.



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Cancun 7 Nights 4-Star	\$477	+ taxes & fees \$272
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Pilot arrested with forged licence

A pilot with a forged licence was arrested in the Netherlands before he was to depart on a flight carrying 101 passengers, police said. **THE ASSOCIATED PRESS**

world 15

India **A hug a day**

ALL SOUVENIR/THE ASSOCIATED PRESS

Hindu spiritual leader Mata Amritanandamayi hugs a girl during a function in Ahmadabad, India, yesterday. Amma, known globally as India's "hugging saint mother" is said to have given more than 25 million hugs to followers over the course of her life.

Going back to the table

Palestinians, Israel likely to resume talks later this month

Approval by Arab nations opened the door yesterday for Palestinian President Mahmoud Abbas to enter four months of indirect, American-brokered peace talks with Israel.

The talks, likely to begin later this month, would break a 15-month freeze in peace negotiations and

hand the Obama administration a first diplomatic achievement in the Israeli-Palestinian arena.

However, another round of fruitless negotiations, following years of stymied peace efforts, could also prove perilous for both Israelis and Palestinians.

In nearly two decades of stop-and-go talks, failure

has routinely triggered violence. In the current circumstances, the chances for a breakthrough are dim. Israeli Prime Minister Benjamin Netanyahu holds more hardline views than his predecessor, Ehud Olmert, with whom Abbas failed to reach an agreement in 2008.

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A British judge yesterday ordered former Bosnian vice-president Ejup Ganic, 63, held in custody, dismissing a request to release him on bail while he challenges a Serbian demand that he be extradited for alleged war crimes. **THE ASSOCIATED PRESS**

Kids race camels in U.A.E.: Rights group

Asian boys are still abused as camel jockeys in the United Arab Emirates even though the practice has been banned in the Gulf country for years, an international rights group said.

Anti-Slavery International said it has photographs showing boy jockeys — some apparently only 10 years old — at a 12-race competition held last month in the Emirates capital of Abu Dhabi.

Camel races are immensely popular in the Arab countries of the Gulf and for years young boys from Sudan and South Asia were prized as jockeys for their light weight and size.

Repatriated

• The Emirates nominally banned the use of children in 1993 and then in 2005 moved to replace them with robots, repatriating hundreds of boys to Pakistan, Bangladesh, Sudan and Mauritania.

Representatives of the London-based group attended the Feb. 9 racing event in Abu Dhabi and said they took photos of children "as young as 10 years old" racing camels. Children interviewed spoke Bengali, Urdu and Hindi, the group said, adding that "many appeared to be South Asian

and a minority Sudanese."

Officials, however, maintained that no laws had been broken and the jockeys were Emiratis racing with their parents' consent. They denied children were trafficked and said "soft" sand and the reduction of the race to three kilometres from 12 had made racing safer.

"Soft sand will not prevent a 10-year-old child racing at up to 50 kilometres an hour from seriously hurting themselves or worse if they fall," said Catherine Turner, the group's child labour program co-ordinator.

THE ASSOCIATED PRESS

Obama woos reluctant Democrats



U.S. President Barack Obama has endorsed a plan by Democrats to try to enact health-care legislation by a simple majority vote.

POLITICS U.S. President Barack Obama yesterday made what is expected to be his final push to overhaul the U.S. health-care system, revising his plans in an attempt to win the support of moderate Democrats.

Obama included some ideas favoured by Republicans, though he has little hope of winning over even a single Republican lawmaker. But he hopes he can win over Democratic lawmakers from conservative districts whose re-election hopes in November could be jeopardized.

"I don't see how another year of negotiations would help. Moreover, the insurance companies aren't starting over," Obama said, rejecting Republican calls to begin anew.

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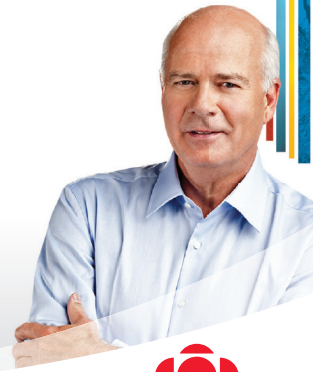
CBC News Toronto

5, 5:30 & 6 pm
and Late Night following
The National

Wrap up budget day with Peter Mansbridge's interview with Finance Minister Flaherty. Then, the *At Issue* panel weighs in.

The National with Peter Mansbridge

10 pm
9 & 11 pm on
CBC News Network



Today



CBCnews

Suicide bombers kill 32 in Iraq

Suicide bombers struck in quick succession yesterday in a former insurgent stronghold northeast of Baghdad, killing at least 32 people just days before a crucial election that will determine who will govern the country as American forces depart. **THE ASSOCIATED PRESS**

world **17**

Nuclear fears drive support for sanctions

U.S., Europe, UN agency all fear Iran developing missiles

The U.S. and Europe say they share UN fears that Tehran may be secretly working on developing nuclear missiles, expressing support yesterday for new sanctions if Tehran continues to defy Security Council demands.

Their comments reflected the International Atomic Energy Agency's change in tone under new director-general Yukiya Amano in its assessment of Iran's nuclear ambitions.

Amano, in a report for this week's board meeting, expressed the possibility that Iran may be working on making a nuclear warhead, with the IAEA suggesting for the first time that Tehran had either resumed such work or never stopped three years ago, as thought by U.S. intelligence agencies.

Iran denies any interest in developing nuclear arms. But the report said Iran's resistance to agency attempts to investigate for signs of a nuclear coverup "give rise to concerns about possible military di-

Opposition

- Brazil yesterday renewed opposition to fresh sanctions on Iran over its nuclear program, rebuffing visiting U.S. Secretary of State Hillary Rodham Clinton even before she could make the case for new penalties.

mensions to Iran's nuclear program."

Iran became the focus of an IAEA investigation in 2002 after revelations that it was clandestinely assembling an enrichment program through black market access to technology and know-how. Since then, it has been frequently criticized by the West of stonewalling the agency.

Iranian chief delegate Ali Asghar Soltanieh, in turn, accused the West of a politically motivated campaign against his country and said Amano was biased.

"The report is not balanced, and this is very unfortunate," he told reporters. **THE ASSOCIATED PRESS**

Infamous toddler killer back in jail after parole violation

BRITAIN A man, who as a 10-year-old boy abducted and killed a toddler in northern England in 1993, was back behind bars yesterday for violating the terms of his contentious release.

The murder has been ingrained into the national memory by video images

of the trusting toddler being led to his death.

Jon Venables and a friend were convicted of killing two-year-old James Bulger, a crime that shocked Britain because of the ages of the victim and his baby-faced killers.

Venables, now 27, was

released from juvenile detention in 2001. The Justice Ministry said he had been sent back to jail in recent days.

Officials did not reveal what the violation was, although Home Secretary Alan Johnson said the huge public interest in the case

meant more information would be soon released.

"I believe the public do have a right to know," Johnson told Sky News.

Venables will appear before a parole hearing within 28 days to decide if he should be released or stay in jail. **THE ASSOCIATED PRESS**



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China Protesters stymied



Chinese protesters are escorted away by police officers yesterday after trying to approach the Great Hall of the People in Beijing. Beijing is ratcheting up security for the opening of the national legislature's annual session to be held at the Great Hall of the People.

News in brief

GREECE With creditors demanding solutions to the Greek debt crisis and the financial world increasingly on edge, Athens yesterday froze pensions, cut civil-service salaries and slapped new taxes on everything from cigarettes and alcohol to fuel and precious gems. Markets and the

European Union reacted well to the \$4.8-billion austerity plan. But combustible Greek unions were outraged — and the country's embattled premier, who had likened the situation to a "state of war," is headed to Germany and France seeking more definite expressions of support.

THE ASSOCIATED PRESS

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Comment

Cheating – stupid is as stupid does

Relating

Steve Collins

metronews.ca/collins

his just in: Cheating is dumb. Dr. Satoshi Kanazawa, an evolutionary psychologist of the London School of Economics and Political Science, has published a study sug-

gesting that men with higher IQs are less likely to cheat on their partners. ("Or," posited Gawker's Richard Lawson, "are they just better at not getting caught?")

The publication of the paper in *Social Psychology Quarterly* has if nothing else provided yet another opportunity for less cerebral media to publish more pictures of Tiger Woods. (As well as glib, scientifically illiterate columns like this one, I suppose.)

Kanazawa's theory is that

primitive man was hard-wired for promiscuity, and monogamy is a more recent invention, an "evolutionary novel" behaviour that requires a little more head-horsepower to achieve.

He also found liberals and atheists tended to have higher IQs than conservatives and believers, again reaching for the explanation of evolutionary novelty. Is it any wonder religious conservatives are the least likely to believe in evolution? What's in it for

them?

Smart women, meanwhile, were found no less apt to get some on the side than those with lower IQs. Evolution is tricky stuff, eh?

With all due respect to the good doctor, there may be a bit of confusion of cause and effect going on here. Maybe cheating makes you stupid. The likes of Eliot Spitzer and Bill Clinton, initially considered pretty sharp, ended up looking distinctly dumb once their reckless horn-

doggery was exposed.

And maybe we're reading too much into Kanazawa's findings that "more intelligent men are more likely to value monogamy and sexual exclusivity than less intelligent men," which is hardly a predictor of behaviour. Most cheaters will acknowledge that it's wrong, but they do it anyway.

All of which maybe goes to show that science, while a nifty pursuit for eggheads whose presumed penchant for monogamy leaves them with time on their hands, is

a crude tool for mapping the complexities of the relationship you actually live in.

Where does this leave us? Why are you asking me? If you're dumb enough to sleep around, and experience teaches that many of us are, I'd suggest you'll need a smarter plan than blaming either your modest IQ or millions of years of evolution when you get caught.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

Women with sticks deserve same recognition

FourthWave

Canice Leung

metronews.ca/fourthwave

Both our hockey teams struck Olympic gold in Vancouver. The next day, hockey fever raged on for the NHL. But whither the women after the podium was packed away? Is there support for women's hockey beyond the Games?

I polled a few hockey-obsessed friends: The answer was no. For one, there's no professional league; even if there were, the game lacks speed and finesse, one said.

Another said women don't excite the way pugilistic NHLers do. Wait, where did that fuzzy feeling go? I thought we were proud of our golden girls.

Despite limited interest in the game itself, I love women's hockey. The players push the envelope of what's seen as acceptable for "the fairer sex." Look no further than the constant chortling about lesbian players and coaches, and about Team Canada's cigar-and-beer-fuelled celebration (which I maintain was a tongue-in-cheek jab at how male players celebrate) to understand its place in our social fabric.

Female hockey players have always been a bit subversive. The sport began

with men, and as a result, fans have come to see the boys' version as the way it ought to be played. Now, women are adopting it, but with a style that's all their own. I must be among a minority who would welcome that kind of play — if this wasn't the case, a North American league like the NHL would exist by now.

There are some examples of women in men's hockey: Hayley Wickenheiser in European leagues; Manon Rheume in NHL exhibition games — but one league said Wickenheiser shouldn't play with men, while Rheume was dismissed as a publicity stunt. Still, everyone rubber-necked — eager to see if these gals could overcome

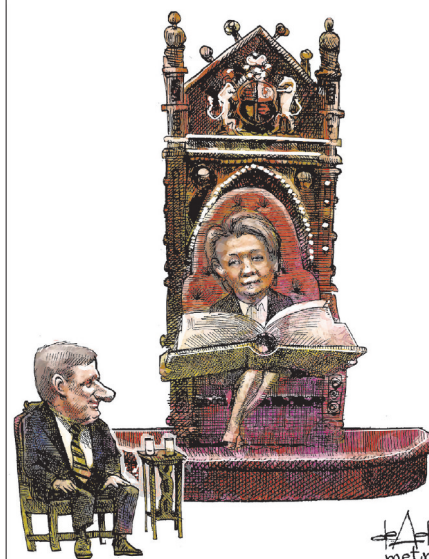
that unspoken notion that men always outclass women, and actually beat a guy.

It's a difficult pill to swallow, acknowledging that some spectators will never be inspired by women for their sheer athleticism; that she will always be good ... for a girl.

Add to that the talk that women's hockey ought to be removed from the Olympics. Supporters cried foul, maintaining that it will just take time to establish the sport and develop a deep talent pool. I hope that's the case. That would be golden.

Canice Leung is a former editor of *Ryerson University feminist magazine* *McClung's*, copy editor at *Metro*, ardent feminist and loudmouth.

TOME FROM THE THRONE



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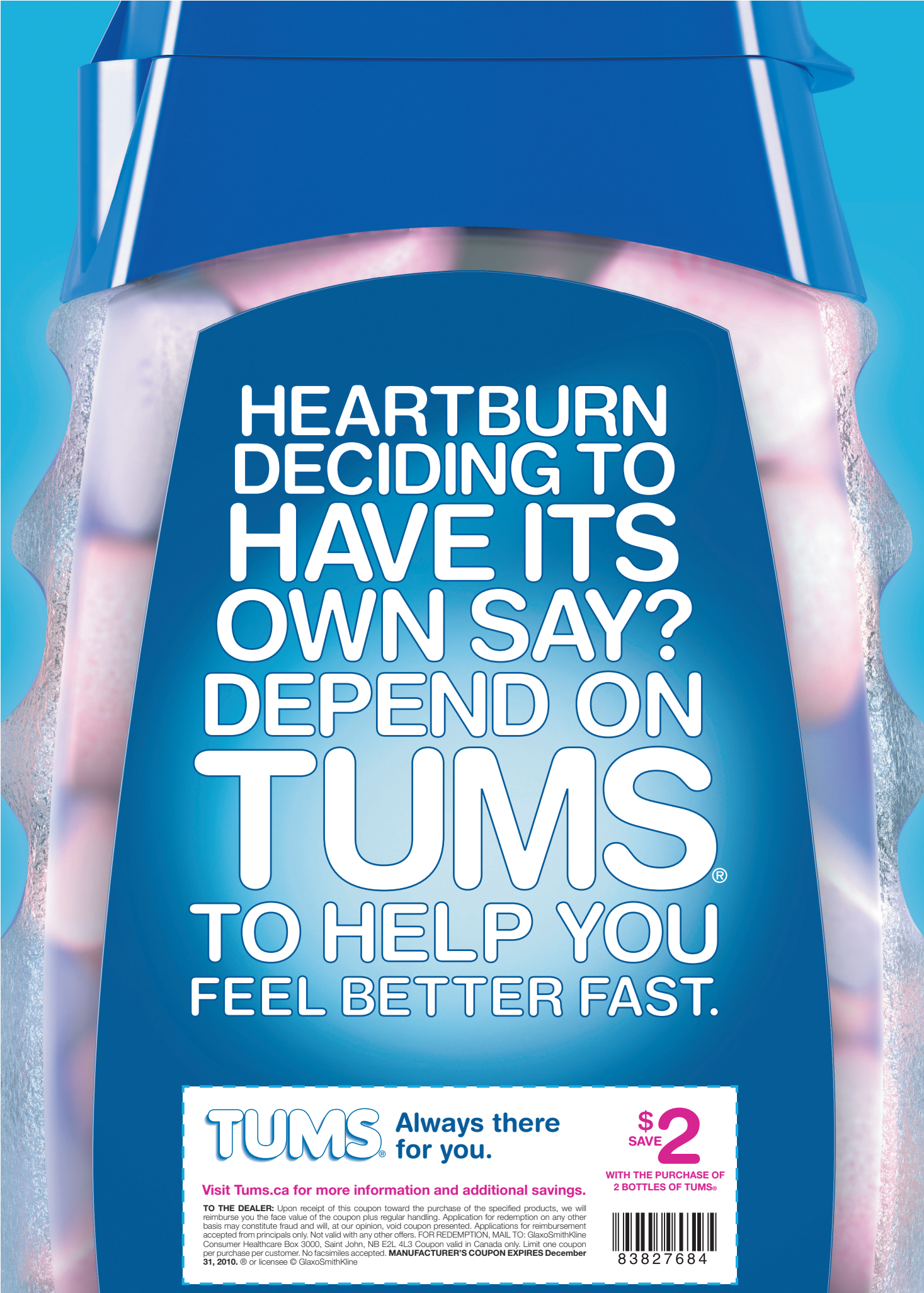
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A transportation analyst expects plane and train maker Bombardier's shares could nearly double in value over the next five years as its aerospace business recovers and hits its stride and the railway segment delivers improved profitability. **THE CANADIAN PRESS**

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Business in brief

AIRLINES Passenger traffic at air carrier Westjet rose nine per cent in February from the same month a year earlier and the company said it is seeing an improvement in demand in the travel industry. The Calgary-based company said yesterday it recorded a load factor, measuring the amount of its seating capacity used during the month, of 82.5 per cent, little changed from a year earlier. Capacity measured in available seat miles grew 9.3

per cent over the same period. **ECONOMY** Bankruptcies were up by more than one-quarter last year, to almost 122,000. The Office of the Superintendent of Bankruptcy reports the total number of bankruptcies hit 121,801, an increase of 25.9 per cent over 2008. Bankruptcies include 116,381 filed by consumers, a 28.4 per cent increase over 2008, and 5,430 filed by businesses, a 12.1 per cent decrease.

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RBC weighs down TSX

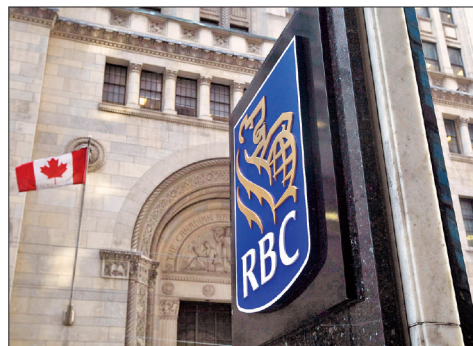
\$1.5B profit not good enough for investors

The Toronto stock market closed slightly higher yesterday as the market benefited from higher commodity prices, but was held back by financials after Royal Bank delivered an earnings report that disappointed investors.

The S&P/TSX composite index advanced 24.54 points to 11,852.85.

The Canadian dollar rose 0.42 of a cent to 96.9 cents US, its highest close since mid-January.

RBC earned a \$1.5-billion profit, up 35 per cent from a year before, with provisions for credit losses reduced by 37 per cent, falling to \$493 million. However, cash earnings per share were \$1.03, a penny short of analysts' expectations and its shares lost \$1.03 to \$57.21.



RBC says its profit in the latest quarter was nearly \$1.5 billion, up 35 per cent as most of its businesses had strong results.

However, other analysts found much to be positive about in the RBC earnings.

"They tossed in \$1.5 billion — that's unbelievable!" said Chris King, portfolio manager at Morgan,

Meighen and Associates.

The telecom sector moved lower as Ottawa announced it intends to open the doors to allow foreign players into the market.

THE CANADIAN PRESS

Torstar turns around loss

MEDIA Torstar Corp. produced a solid \$57.4-million profit in the fourth quarter, reversing a year-earlier loss, as the media company weathered a turbulent economy and benefited from earlier cost-cutting.

The Toronto-based newspaper, book and Internet publisher said net income equalled 73 cents per share. While Torstar generated lower revenues, that was offset in part by reduced labour costs as nearly 400 jobs were cut from the workforce year-over-year. **THE CANADIAN PRESS**

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Daly lashes out on Twitter

John Daly was so irritated that a Florida newspaper wrote about his PGA Tour disciplinary file that he referred to the writer as a "jerk" on Twitter and posted the writer's cellphone number for his followers to call. The file notes that Daly has been suspended five times and cited 21 times for not giving his best effort. **THE ASSOCIATED PRESS**

Sports

EDITOR: DON.MCHOULL@METRONEWS.CA



Pain in the neck for Peyton

Four-time league MVP Peyton Manning, left, has undergone neck surgery to relieve pain caused by a pinched nerve. The Colts issued a statement yesterday announcing the surgery. The team says the injury has caused intermittent pain in Manning's neck for the past four years but never affected his training, practice or playing regimen.

THE ASSOCIATED PRESS

Trade deadline passes without a blockbuster

NHL Toronto Maple Leafs general manager Brian Burke stepped to the podium not long after the NHL's annual trade deadline had passed, and like many of his colleagues around the league he had plenty to say but nothing to really brag about.

Some teams were more active than others, like the Washington Capitals, which added veteran depth and clubs like the Leafs and Carolina Hurricanes, which shed it. But it was difficult to find a headline-grabbing name in the mass of movement like there was two years ago, when the deadline was filled with big names such as Marian Hossa and Brian Campbell.

"I would say it was decidedly quiet," Burke said when it was all done yesterday. "There's not big-name players.

"Lots of activity, but it's a low-hum, you know? No big thunder claps."

Washington acquired defenceman Joe Corvo from Carolina, with one report suggesting he would share the blue-line with Mike Green on the power play. The Capitals also picked up forward Scott Walker from the Hurricanes, defenceman Milan Jurcina from Columbus and forward Eric Belanger from Minnesota.

Some of the most coveted players had been plucked from the market long before the deadline frenzy began. None were

Three to watch

- Phoenix acquires Wojtek Wolski from Colorado for Peter Mueller and Kevin Porter: A move with some risk on both sides as they exchanged former first-round picks.

- Anaheim acquires Lubomir Visnovsky from Edmonton for Ryan Whitney and a sixth-round pick: A deal of two recent Olympians, Whitney arrives in Edmonton with a smaller cap hit than Visnovsky (\$4 million US over the next three seasons vs. \$5.6 million).

- Buffalo acquires Raffi Torres from Columbus for Nathan Paetsch and a second-round pick: The Sabres add some grit and get it from a guy who has an expiring contract and is in the midst of a solid season.

bigger than forward Ilya Kovalchuk, who was shipped to the New Jersey Devils by the Atlanta Thrashers on Feb. 5, generating waves of headlines with word he had turned down a contract worth more than \$100-million US to stay in Georgia.

TSN's unofficial tally pegged the total number of trades yesterday at 30, which would be a record. The NHL has never seen more than 25 deadline day trades since it started keeping track in 1980.

THE CANADIAN PRESS

'Wasn't a deal to be made'

Burke says Kaberle was willing to be traded to three teams

Defenceman Tomas Kaberle was willing to waive his no-trade clause for a move to one of three teams, according to Toronto Maple Leafs general manager Brian Burke, who ultimately settled on a series of lesser deals at the NHL trade deadline.

Confusion arose in the hours before the 3 p.m. ET cutoff, when Kaberle suggested to reporters he would consent to a trade. That represented an abrupt change of face for the 32-year-old, who had steadfastly refused to entertain the notion of moving away from the only NHL franchise he has known.

"There wasn't a deal to be made, and that was the end of it," Burke said after the deadline had passed. "We were truthful. We never got a list, but we did explore three avenues that the player's agent asked us to explore as recently as this morning."

He would not name the three teams. Burke said he generally does not accept such lists from players unless they include a minimum of 10 teams, but made an exception for Kaberle in light of the player's service to the Leafs. Burke also made a point of repeating he never approached Kaberle to waive



Tomas Kaberle takes part in a Maple Leafs practice yesterday. The Leafs were unable to work out a deal to trade him.

the clause.

"Tomas Kaberle has a no-trade clause, and that was given to him in good faith," Burke said. "I think players can only get them if they have a certain level of seniority and a certain level of expertise. And I think organizations are bound by those things, whether it's

the same GM who gave it to the player or not."

In the end, the Leafs made their biggest splash on the eve of the deadline, trading winger Alexei Ponikarovsky to Pittsburgh as part of a three-player deal. Toronto acquired 21-year-old forward Luca Caputi and defenceman Mar-



tin Skoula from the Penguins, but flipped Skoula to the New Jersey Devils for a fifth-round draft pick yesterday.

Burke also shipped forward Lee Stempniak to the Phoenix Coyotes yesterday for defenceman Matt Jones and the Coyotes' fourth-round and seventh-round draft choices in 2010.

In other moves, the Leafs acquired defenceman Chris Peluso from Pittsburgh for a sixth-round draft pick, and traded goaltender Joey MacDonald to Anaheim for the Ducks' seventh-round pick in 2011.

Stempniak and Ponikarovsky were both set to become unrestricted free agents this summer. Burke said Ponikarovsky was traded after the two sides could not come to terms on the length of a new contract.

"His agent said he wants a four-year contract extension, and I'm not interested in that," Burke said.

THE CANADIAN PRESS

Sports in brief

WOODS Jack Nicklaus is going to appear at next month's Masters. He thinks Tiger Woods will as well. Nicklaus said yesterday that "it would surprise me" if Woods did not return to competitive golf in time for the Masters, a tournament the embattled world No. 1 has won four times in his career.

NHL The sale of the Tampa Bay Lightning to Boston Red Sox minority owner Jeff Vinik is complete. The NHL's Board of Governors gave unanimous approval to the deal yesterday.

BASEBALL The Chicago Cubs have agreed to terms with Cuban defector Juan Yasser Serrano, a right-handed pitcher. The 21-year-old Serrano must pass a physical exam and complete all necessary paperwork before yesterday's deal

becomes official.

BASEBALL Outfielder Justin Upton and the Arizona Diamondbacks have agreed to a \$51.25-million US, six-year contract. The 22-year-old outfielder was a first-time all-star last season, when he hit .300 with 26 homers and 86 RBIs.

SOCCER Canada captured the Cyprus Women's Cup soccer title with a 1-0 victory over New Zealand yesterday. Diana Matheson scored the lone goal in the 70th minute as Canada finished the tournament undefeated with four wins.

SOCCER The head of Spain's top soccer league says action must be taken to break the dominance of Barcelona and Real Madrid and make La Liga more competitive.

METRO NEWS SERVICES

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Tiger Woods' caddie Steve Williams says he knew nothing about the golfer's extramarital affairs and was angry with him over the scandal. Williams told New Zealand TV3's 60 Minutes program yesterday that he is also bitter at the reaction toward him from the media and members of the public. **THE ASSOCIATED PRESS**

Will Yao's baby be American? Chinese fans want to know

NBA Chinese basketball fans want to know — will Yao Ming's baby be an American?

The Houston Rockets centre, who is sidelined this season with a broken left foot, recently returned to the United States with wife Ye Li. That prompted speculation among his followers that the baby girl due this summer could be born in America.

Yao's personal life is closely followed by his many fans at home, from his 2007 Shanghai wedding to the former basketball player to reports last month the couple is expecting a baby girl in July.

Yao said before the Rockets' game last night that where the baby is born is a "private" matter.

Yao's baby would be an American citizen if born in the U.S. She also could claim Chinese citizenship as the child of Chinese nationals. However, Chinese law does not recognize dual citizenship.

A few say it would be a betrayal of China, not to mention the Chinese basketball team could be denied a future basketball star.

But most say they support Yao and don't care which country claims the baby. **THE ASSOCIATED PRESS**

Solid start for Romero

Ricky Romero represents what the Toronto Blue Jays are about this season.

Still young and trying to establish himself after a promising rookie season, the left-hander could be thrust into the role as the No. 1 starter in an evolving rotation now that ace Roy Halladay is with the Philadelphia Phillies after a December trade.

The Halladay deal marked the beginning of a rebuilding period for the Blue Jays, who hope Romero is one of the building blocks.

Romero, who was 13-9 with a 4.30 earned-run average last season, started the Blue Jays spring training opener yesterday. But the Detroit Tigers scored twice in the ninth for a 7-6 victory before a crowd of 3,096 on a windy, chilly day at Dunedin Stadium.

The Blue Jays took the lead on a four-run eighth inning, keyed by Chris Lubanski's three-run homer against Daniel Schlereth.

Starting the Grapefruit League opener does not mean Romero, who gave up one run in two innings on a wind-assisted home run,



Blue Jays pitcher Ricky Romero throws a pitch yesterday during the Jays' opening Grapefruit League game against Detroit.

will be the opening-day starter.

"We haven't made that decision yet," Blue Jays manager Cito Gaston said. "He gave up one run but he pitched well."

The temperature was 9 C and the 34 kilometre per hour winds were a factor on Brent Dlugach's second-in-

ning two-out homer to right on Romero's 3-1 fastball.

"It's 3-1. I'm thinking don't walk this guy, make a good pitch," Romero said. "Obviously, it stayed little up."

"That's where the wind works against you."

THE CANADIAN PRESS

Close to returning, Bosh has big plans

RAPTORS As March arrived a year ago, Chris Bosh was a beaten man.

His team's season was in the toilet, a coach had been fired and the interim replacement's future was cloudy at best. A major trade had taken place that reshaped the roster, a personal robust start had petered out and he was just waiting for the Raptors season to end.

The playoffs? A fantasy. Something

to be watched from afar, not something he'd experience again.

Now given the opportunity he missed out on a year ago, when his team began the penultimate month of the regular season with a 23-38 record, Bosh vows to show how much a post-season spot means to him.

"I think last year taught me a lot and I've been waiting two years to be back here, so I'm going to make sure I play like it," Bosh said yesterday.

"You're going to be able to tell every time I step on the court how long I've been waiting on this."

Fans will get to see what he's talking about tomorrow when he plans to return from a six-game, injury-induced absence; a comeback that can't come quickly enough to a team that's lost four straight and looked increasingly worse with each passing game.

TORSTAR NEWS SERVICE



Chris Bosh

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Washington 3 Buffalo 1
Philadelphia at Florida
Vancouver at Detroit
Edmonton at Chicago
Minnesota at Calgary
Colorado at Anaheim

TODAY'S GAMES

Toronto at Boston, 7 p.m.
Pittsburgh at N.Y. Rangers, 7 p.m.
Tampa Bay at Washington, 7 p.m.
Ottawa at Carolina, 7 p.m.
N.Y. Islanders at Atlanta, 7 p.m.
Los Angeles at Nashville, 8 p.m.
St. Louis at Dallas, 8:30 p.m.
Colorado at Phoenix, 9 p.m.
Montreal at San Jose, 10:30 p.m.

NBA

YESTERDAY'S RESULTS

Atlanta 112 Philadelphia 93
Orlando 117 Golden State 90
Cleveland 111 New Jersey 92
New York 128 Detroit 104
Charlotte at Boston
Washington at Milwaukee
Memphis at New Orleans
Minnesota at Dallas
Sacramento at Houston
Oklahoma City at Denver
Indiana at Portland
Phoenix at L.A. Clippers

TODAY'S GAMES

Memphis at Chicago, 8 p.m.
L.A. Lakers at Miami, 8 p.m.
Utah at Phoenix, 10:30 p.m.



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Caputi 'can't wait' to put on a Leafs jersey

LEAFS He grew up in Toronto, loving Doug Gilmour while wearing Wendel Clark's number.

Yes, Luca Caputi bleeds blue and white.

Now, the newest member of the Toronto Maple Leafs will get to find out what it's like to wear blue and white.

"For me and my family it's a special day," said Caputi. "I'm looking forward to having a good end of the season."

It doesn't matter to Caputi that he was traded

away by the outfit that won the Stanley Cup last season. It matters that he was traded to Toronto in that deal that sent Alexei Ponikarovsky to Pittsburgh.

It matters that he will get a chance to pursue his NHL dream with his favourite NHL team.

"It's going to be special to play in front of friends and family," said Caputi. "From my standpoint it's an honour to have been put in a trade

with a player like Alexei Ponikarovsky. He's a bonafide 25-goal scorer in the NHL.

"I can't wait. I take it is a compliment that this is a team that wants me and hopefully I'm going to be one of the pieces they build their future around. They have great young talent here.

The future looks great in Toronto. I just want to be a part of it."

TORSTAR NEWS SERVICE



Luca Caputi

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ONDEMAND



Family fun

The CN Tower is offering special activities from March 13-21, including a meet-and-greet with Dora the Explorer and SpongeBob SquarePants. For more, call 416-601-4718 or visit cmtower.ca. **METRO NEWS SERVICES**

Spring Fun

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA



Join the circus!

The Harbourfront Centre is offering a Circus Camp during March Break this year. Campers will learn juggling, acrobatics, clowning and stilt walking. Runs from March 15-19, from 9 a.m. to 4 p.m. For more, call 416-973-4093 or visit harbourfrontcentre.com/camps/marchbreak. **METRO NEWS SERVICES**



Clockwise from top left: The recently re-opened Bat Cave at the Royal Ontario Museum, a group of girls enjoying a St. Patrick's Day Parade, and flowers on display at Canada Blooms.

'Tons to do' in the city this month

RAFAEL BRUSILOV
for Metro Canada

March Break is coming, and no one wants to spend it cooped up at home — especially with so many great events happening throughout the city.

Here are some of the more interesting and exciting things happening during March 15-19:

Kick it off Irish style

The St. Patrick's Day Parade should be plenty of fun when it starts at Bloor

and St. George on Sunday, March 14, and winds its way down Yonge Street to Nathan Philips Square. The official day lands on March 17, smack-dab in the centre of March Break for parents who might need a break of their own.

Animation vacation

For kids aged 5-14, the National Film Board of Canada's Mediatheque has a whole string of daily hands-on animation workshops during March Break called Green Scenes, involving 3-D clay, painting on glass and other anima-

tion techniques. Just \$5 per child and parents get to join in for free.

Flower power

Flower lovers will get a floral overload at Canada Blooms 2010, held at the Direct Energy Centre at Exhibition Place from March 17-21. Six acres of gardens in full bloom, four show stages and more than 100,000 square feet of garden-related shopping are sure to keep your green thumb occupied.

Music sans payment

Enjoy elegant classical mu-

sic for the price of a pauper's handshake as the Canadian Opera Company Free Concert Series continues during March Break, with chamber music and piano virtuoso performances celebrating Chopin March 16 and 17, respectively, at the Four Seasons Centre for Performing Arts.

Hit the books

The Toronto Public Library is offering a ton of free and fun events for teens at a variety of branches over March Break, including a comedy improv workshop,

interactive mime show, a dub poetry performance by Michael St. George and urban dance and hands-on drum workshops.

Bat crazy

The Royal Ontario Museum is going all out for March Break with a focus on Bat Month — see live bats up close, check out the redesigned Bat Cave and try your hand at some bat-related crafts. The

ROM's Medieval Fair also hits the break to let you see a live falconer, medieval fashion show or test out your archery skills. The ROM is expecting plenty of people to show up during the break.

"The vibe is going to be electric. It's going to be busy, bustling and there's going to be tons to do," said Patti McCabe, program co-ordinator at the ROM.

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Many hotels are offering discounted rates and packages for families looking to stay in the city during March Break. For example, the Delta Chelsea is offering movie tickets and other activities.

Rediscover T.O. with your family

LEYLA EMORY
for Metro Canada

In keeping with our revved-up sense of national pride, why not spend this March Break rediscovering home?

Beyond being budget-friendly, a Toronto "staycation" can be a lot of fun. So start thinking like a tourist.

"If someone from England was visiting Toronto, what would they want to do?" asks Oonagh Shiel, content editor for Cheapflights Canada. "Which

brings us to planning. It's very important to plan your staycation, otherwise the days may drip by while you run errands instead of enjoying your time off."

Think of it as organizing a trip abroad. "Just because it's all on your doorstep, (that) doesn't mean you don't need to do any work."

For those interested in education and culture, consider investing in a Toronto City Pass. Valid for up to nine days, a City Pass covers admission to the CN

"Just because it's all on your doorstep, (that) doesn't mean you don't need to do any work."

Oonagh Shiel

Tower, Casa Loma, Ontario Science Centre, Royal Ontario Museum and Toronto Zoo for 46 per cent less than the cost of tickets purchased separately.

Or go the rest-and-relaxation route with one of the city's many hotel packages.

"Lots of hotels are offering discounted rates, particularly for mid-week travel, that staycationers can take

advantage of," says Shiel.

For a romantic approach, check out the Cosmopolitan or Pantages Hotel's March Break specials. The Cosmo's "Sweet Lovers Dream" (\$245 per couple) includes a one-night stay in a deluxe suite, bottle of sparkling wine, chocolate-dipped strawberries, roses on the bed and rose petals strewn along the floor, as well as an executive conti-

nental breakfast for two. For another \$180, you can also book a couple's massage at its Shizen Spa.

Or forego the roses for the Delta Chelsea's 130-foot "Corkscrew," downtown Toronto's only indoor water slide. Starting at \$154/night, the hotel is offering March Break family packages that include a family fun zone, March Break activities, two free Cineplex movie tickets, and a free Hershey's family-sized chocolate bar.

And if it doesn't feel like a vacation without a little bit of travel time, nia-

garafallstourism.com can help customize the perfect short-drive getaway.

Shiel goes a step further and suggests stretching the definition of a staycation to include cities that are just a short flight away.

"When you factor in gas, driving can almost cost the same as airfare. Toronto-Montreal flights are coming up for \$274, departing Toronto on Monday, March 15, and returning on Thursday, March 18. Get there for March 17 to mark St. Patrick's Day — it's a perfect union of Celtic and Canadian."

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In concert

Catch the cast of the hit show Yo Gabba Gabba! Live at the Elgin & Winter Garden Theatre March 16-17. DJ Lance Rock will be there along with special guests the Aquabats and hip-hop legend Biz Markie. Call 416-870-8000 for tickets. **METRO NEWS SERVICES**

spring fun **25**

Kids VIPs at ROM event

RAFAEL BRUSILOV
for Metro Toronto

Bats, mummies and dinosaurs may sound like spooky things to encounter at night, but for kids who love learning, they can make for some great sleepover friends.

Hands-on learning and sleepover fun melds together during ROMkids Sleepovers at the Royal Ontario Museum as kids get to stay up way past their bedtime to enjoy all the things the museum has to offer surrounded by their pyjama-clad friends.

With themed exhibits such as the Bat Cave and the dinosaur galleries and plenty of hands-on activities and crafts to do, the event is meant to give kids and parents a chance to explore the ROM like true VIPs.

"It's an opportunity for kids and their caregivers to have a very private and exclusive experience in the



Hands-on learning and sleepover fun melds together during ROMkids Sleepovers at the Royal Ontario Museum. The next available event takes place April 9.



museum. It's a more personal exhibit and an opportunity that you don't get on a regular visit," said Giovanna Scorsone, program coordinator at the ROM.

The fun starts when doors open at 5 p.m., followed by a movie screen-

ing at 8 p.m. and access to museum galleries from 10 p.m. to midnight. Kids can touch specimens, dig in sand for dinosaur bones or just hang around the galleries with their little buddies. One adult (19 or older) can accompany up to five children who are five-years-old or older.

Last year, kids loved belting out their favourite tunes during P.J. Karaoke, which returns again this year, along with a midnight snack of pizza and munchies.

Things to bring: An inflatable mattress pad or

something else to sleep on, a sleeping bag, a flashlight, pillows and slippers. There's no dress code other than whatever kids find comfortable and warm to sleep in, though naturally pyjamas are always a popular choice.

Regular admission is \$75 per person, but ROM members or groups of 10 or

more pay only \$67.50 per person. The price includes the midnight snack as well as breakfast and all-day admission to the ROM the next day.

Scorsone says the whole event is about letting kids experience the museum's riches in a way that feels liberating and fun.

"It's great watching kids

arrive in their pyjamas all excited to be here. We want them to feel like they're participating in the museum and to come away with more information about culture and natural history. A lot of these kids already love learning but we want them to feel like the museum is their playground," she said.

If you want to go...

- The next available ROMkids Sleepover event is Friday, April 9. It starts at 5 p.m., and runs until 10 a.m. on April 10. The event features access to the Schud Gallery of Biodiver-

sity. May and June will events will feature access to the dinosaur galleries.

- For bookings or more information, call 416-586-5797 or e-mail programs@rom.on.ca



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SURVIVOR: MICRONESIA

JESSIE GODDERZ
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26 spring fun

Black Creek Pioneer Village has events for March Break, including a puppet show. Go to blackcreek.ca for more. **METRO NEWS SERVICES**

events

WIZARD WORLD Features stage shows, a petting zoo, wild jungle cats, a magic show, games, rides, crafts, an interactive kids area and more. Kids 12 and under receive a free loot bag. General admission is \$8.50; an all-day ride pass is \$15. Free for children under the age of two. Runs March 14-21, from 10 a.m. to 5 p.m., at Exhibition Place. Go to wizardworld.ca or call 416-585-9263 for more.

SUGARBUSH MAPLE SYRUP FESTIVAL Features live demonstrations, wagon rides, pancakes and more. Tickets are \$8 for adults, and \$6 for kids/seniors/students. The Maple Syrup Dinner takes place March 27 at 6 p.m., when guests can dine on a maple syrup-themed dinner by lamp-light to celebrate Earth Hour. The festival runs March 6-April 11, from 9:30 a.m. to 4 p.m., at Bruce's Mill Conservation Area and Kortright Centre for Conservation. For more, go to trca.on.ca/maplesyrup or call 416-667-6299.

SPRING FLING Features rides, carnival games, activities and more. All-day ride tickets are \$20, no-ride tickets are \$10. Runs March 16-20, from 10 a.m. to 8 p.m., and March 21 from 10 a.m. to 6 p.m., at Rogers Centre. Go to rogerscentre.com for more.

BREAKFAST WITH ROBIN HOOD AND MAID MARION AT CASA LOMA Breakfast consists of two pancakes, two sausages, fruit salad and orange juice, and a visit with Robin and Maid Marion. Guests also get

Actress Eliza Dushku is set to appear at Toronto Comic Con 2010.



The Sugarbush Maple Syrup Festival runs from March 6-April 11.

castle admission, self-guided touring and a ticket to the holiday themed show, Robin Hood, at 10:30 a.m. Tickets are \$22.50 per child, and \$21.25 per adult. Runs March 13-14 and March 20-21, from 8:30 to 9:30 a.m. For more, go to casaloma.org or call 416-923-1171, ext. 202 or 213, for reservations.

TORONTO COMIC CON 2010 Showcases movies, comics, toys, video gaming, games, TV, anime, manga, horror, wrestling, MMA, original art, collectibles and more.

Celebrities set to attend include Eliza Dushku, Margot Kidder, Gena Lee Nolin and artist Phil Jimenez. The show also features costume contests and a charity auction. Runs March 26 from noon to 8 p.m.; March 27 from 10 a.m. to 7 p.m.; and March 28 from 10 a.m. to 5 p.m. At the Direct Energy Centre. Go to wizardworld.com/home-toronto.html for more.

MARCH BREAK AT COLBORNE LODGE Drop in for a tour of the historic house during March Break. Visitors can also enjoy children's activities based on early life at Colborne Lodge. Admission is \$5.71 for adults, \$2.62 for seniors/students, and \$2.38 for children. Runs March 13-21, from 12:30 to 4 p.m. For more, call 416-392-6916.

MARCH 'MUSEMENTS AT MACKENZIE HOUSE Children can learn about the Victorian era as they typeset their name on a printing press from 1845, write a letter with pen and ink, learn simple cross-stitch and embroidery, play with a few parlour toys, take a taste test in the kitchen and more. Admission is \$5.71 for adults, \$2.62 for seniors/students, \$3.33 for children (5-12), and free for kids under the age of four. Runs March 13-21, from noon to 4 p.m. For more, call 416-392-6915.

METRO NEWS SERVICES



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Monday, March 15



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Tuesday, March 16

Meet and Greet with Dora™

10:30 am, 11:45 am, 1 pm and 2:15 pm (Activity sheets and prizes to be won. Meet and Greets are in the PARTY ROOM and are only 30 minutes in length. First come first served.)



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Don't forget your camera

Wednesday, March 17

Meet and Greet with SpongeBob SquarePants™

10:30 am, 11:45 am, 1 pm and 2:15 pm (Activity sheets and prizes to be won. Meet and Greets are in the PARTY ROOM and are only 30 minutes in length. First come first served.)



Thursday & Friday March 18 & 19



Make your own keychain with beads that change colour! (Activity available all week)

All activities are included with a CN Tower admission. Visit cntower.ca or call 416-86-TOWER for more information. Open daily 9 am - 10 pm

* Admission Offer: \$25 Total Tower ticket includes Look Out, Glass Floor, Sky Pod, The Height of Excellence Movie, Himalayaz Motion Theatre Ride (must be 107 cm tall); ticket applies to child (4 years of age or older), adult or senior admission; valid March 13-21, 2010; may not be combined with other offers; subject to change and availability. Tickets must be purchased on site.

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Metro Homes



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JENNIFER BILL/FOR METRO CANADA

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

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Condos in Liberty Village



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Liberty Village

Spaces & Places

RAFAEL BRUSILOV
for Metro Canada

Trendy but still down-to-earth, Liberty Village proves you don't need to go far out of downtown to enjoy laid-back living.

The small but vibrant neighbourhood located south of King Street West between Strachan Avenue and the Gardiner is a self-contained community of shops, pubs and living spaces.

Developers pounced on the area after the City of Toronto gave its blessing for a revitalization of the Village's former factories and



Condominium towers have been sprouting up in Liberty Village for quite some time now.

storage houses into attractive retail and loft space and the last few years have seen an impressive crop of condominium towers sprout throughout the area. Residents are primarily

younger and professional with plenty of disposable income and businesses have been moving into the area rapidly to be a part of one of Toronto's hottest neighbourhoods.

Location is certainly one of Liberty Village's strengths as it sits close to the waterfront and Exhibition Place's BMO Field while remaining just a short streetcar ride (or walk) from

the downtown core to the east or the bohemian den of Parkdale to the west.

Most businesses congregate in the area's western half, centred on the Liberty Market shopping centre while the east is a hotbed of new condo development.

The area is popular with artists and other creative types with many Canadian and American art and design studios making Liberty Village their home as well.

Through traffic is limited in the area because of the smartly designed side streets which only connect to Lake Shore Boulevard through Strachan Avenue and Dufferin Street and thus the area feels like anyone walking or driving there is likely either a resident or there to do business.

The Lowdown

• **AVERAGE REAL ESTATE**

VALUE: \$283,928 **RENT:** \$1,043

• **CONDO DEVELOPMENTS:**

See map (page 29)

• **MAJOR GROCERY STORES:**

Metro (100 Lynn Williams St.)

• **MAJOR GYMS AND FITNESS:**

Goodlife Fitness (200-85 Hanna Ave.), King West Fitness (37 Hanna Ave.), Joe Rockheads Climbing Gym (29 Fraser Ave.)

• **GETTING AROUND:** Streetcars along King Street, GO Transit station at Exhibition Place, highway access to the Gardiner Expressway to the south via Lake Shore Blvd and to the west via Dunn and Jameson Ave.

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BMO Field to the south of Liberty Village is home to Toronto's major league soccer team Toronto FC while Lamport Stadium to the north is the site of both outdoor and indoor (under a bubble) soccer, and is expected to be upgraded for increased use sometime soon. **RAFAEL BRUSLOW/FOR METRO CANADA**

Industrial wasteland no more

Liberty Village

Spaces & Places

RICK MCGINNIS
for Metro Canada



Some neighbourhoods are notable for a proliferation of coffee shops or churches; in Liberty Village, you can orient yourself by the profusion of smokestacks, a legacy of the area's past as a centre of heavy industry in Toronto.

By the mid-'80s the area was an industrial wasteland, much of it taken up with the sprawling, empty relics of the Inglis, Canadian General Electric and Massey-Ferguson plants. Today only Canada Bread remains, but they'll be gone by 2012, having announced their move earlier this year.

"I would say they're the end of it," says Lynn Clay, executive director of the Liberty Village BIA. "Who's moved in now? Mostly small to mid-sized commercial operations, but mostly they're working on computers — more office-oriented,



The biggest tease in Liberty Village these days is the question of what will happen to the chapel of the old Central Prison.

creative businesses."

This would include high profile businesses like cartoon house Nelvana and Sirius satellite radio.

Bordered on two sides by Dufferin and King West, Liberty Village is edged on the other two by railway tracks, many of which once sent

spurs alongside loading docks all over the area.

Demo Soap Studio recently moved from an upstairs space to one right next to the old tracks, and employee Grace Son described the neighbourhood as "kind of cosy. It feels like a community even though it's quite

young."

"The one word that comes to mind is trendy," says Adam Finley, co-owner of For The Love Of Cake, just down the track from Demo. "There's no way around that." He's lived here for a decade and remembers the opening of the Brazen Head — in an old boiler house, complete with their own smokestack — as a milestone in the development of the Village, a sure sign that it had moved on from being just a "broken-down neighbourhood."

There's still room to grow too — there are empty storefronts and new construction sites galore. The biggest tease for locals is the fate of the chapel of the old Central Prison, which was once subsumed by the Inglis plant. It's been preserved in a little sunken parkette in the middle of the residential area, and while it briefly sported an application for a liquor license last year, the sign has gone, and the building, with its ragged fringes of brick and stone, sits empty, hinting at what changes Liberty Village will see.



Demo Soap Studios set up shop in Liberty Village.

What do you like about Liberty Village? —compiled by Rafael Bruslow

Matt Rea

age 36, lives

in the area

A: "Everything's self-contained here, you don't actually have to leave but you've got proximity to everything in downtown Toronto. I go to Balzac's, it's just a nice coffee shop."

Ingrid Trulsen

age 43, shops

in the area

A: "I like the vibe, it's a nice little community and it's urban while still being relaxed. Booster Juice has good, healthy stuff."

Alain Duffieux

age 67, visits

the area often

A: "It's an interesting part of the city — there's a younger and more professional crowd here. The Brazen Head pub has great service."



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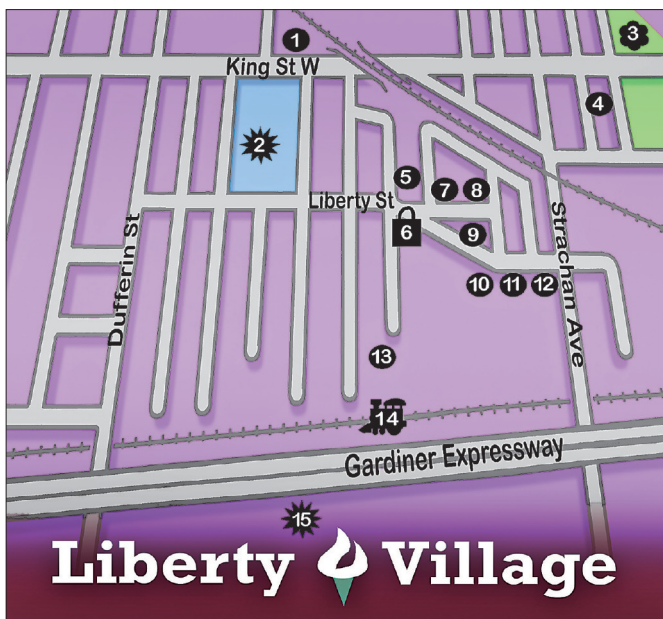


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Monarch



Legend

- 1: Bridge King + Queen Condos Phase 2, 1100 King St. W.
- 2: Lamport Stadium
- 3: Stanley Park
- 4: Parc Loft Residence, 25 Stafford St.
- 5: Richmond Town Manors, 43

Hanna Ave.

- 6: Liberty Market Shopping Plaza
- 7: Vibe a Liberty Village (condo), King and Strachan
- 8: Zip at Liberty Village (condo), King and Strachan
- 9: Liberty on the Park (condo), King and Strachan
- 10: King West at Liberty Village

(condo), King and Strachan

- 11: Liberty Tower at Liberty Village (condo), King and Strachan
- 12: Bliss at Liberty Village (condo), King and Strachan
- 13: Liberty Market Lofts, Liberty and Strachan
- 14: Go Transit Exhibition Station
- 15: BMO Field

New down-payment rules for condo investors

Rooftop Surfing

Stephen Dupuis

metronews.ca/rooftopsurfing

After all of his thinking out loud about slowing down the housing market, federal Finance Minister Jim Flaherty took action on Feb. 16, making mostly minor changes with one notable exception affecting condo investors.

Where Flaherty had openly talked about increasing the minimum five-per-cent down-payment or shortening the maximum 35-year mortgage amortization period, he did neither. Where Flaherty had never talked about restricting condo investors, he instituted a new rule requiring 20 per cent down.

I'm delighted the Finance Minister did not increase the minimum down-payment because it's hard enough to get in to the market in the GTA in the first place. He did

tweak the rules for mortgage qualification so you have to be able to make the payments based on a five-year rate even if you take a shorter-term or variable mortgage, but that's prudent and not particularly harmful.

The big surprise was Flaherty's move to require a minimum down-payment of 20 per cent on investor condos to curb "speculation." The government's choice of the word "speculation" was cleverly designed to garner public support because nobody likes speculators, myself included.

The fact of the matter, though, is there is little to no speculation in the GTA condo market because prices are not rising that fast and because the significant transaction costs, which include GST, HST, land transfer tax (times two in Toronto) plus commissions, preclude the quick flipping of condo units.

While we don't have speculation in the Toronto condo market, we do have significant numbers of small investors who are purchasing units to put on the rental housing

"...There is little to no speculation in the GTA condo market because prices are not rising that fast."

market.

It sure would have been nice to know that Flaherty was thinking of moving in this area so we could have explained to him that condo investors play a significant role in helping builders to get to the pre-sale thresholds required for bank financing and CMHC insurance of condo construction loans.

We would also have taken the opportunity to explain to the Finance Minister the important role that condo investors have played in filling the rental housing vacuum created by rent controls and federal tax disincentives. The bottom line is that without investors, our already low rental vacancy rates in the GTA would be even worse.

Stephen Dupuis is president and CEO of the Building Industry and Land Development Association (BILD). He can be reached at president@bildgta.ca.

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30 metro homes

Light it up!

Homes in Style

JENNIFER BILL
for Metro Canada

The right light fixture can do wonders for a room, whether the space calls for ambient lighting, accenting or spotlighting a specific area.

The right fixture can also do wonders for your appearance, says Royal Lighting's General Manager Michael Gladstone.

"In the bedroom it can help you tell the difference between whether your pants or skirt are black or dark blue," said Gladstone. "In the bathroom if you have the right lighting, it enables you to do a better job shaving or putting on your makeup. A potlight above your head, for example, means your body is creating a shadow, so you are not putting on makeup in the right light."

"You show me five men who have different kinds of lights in their bathroom, I can show you who missed spots (shaving their faces)."

A plain or unappealing fixture can do little for a room — in contrast, an eye-catching chandelier or floor lamp can cast a gorgeous glow, or act as a delightful decorative piece.

"You walk into someone's house and they have the \$11 fixture that the builder put in 14 years ago," said Gladstone, who has been in the lighting business for 30 years. "Or you have a beautiful piece of crystal lighting, something that really sets the room off. It makes such a difference."

Keep in mind, Gladstone said, the size of the room and if functional lighting or mood lighting is desired.



The Lancaster Desk Lamp's unique swan neck holds the lamp arm and allows you to adjust its length and angle to the perfect position. Ballard Designs, \$89, ballarddesigns.com.



With the **Sphere Table Lamp**, right, a curvaceous base in silver-plated glass or richly toned, hand-pieced sheesham wood, is balanced by a cylindrical shade. \$99. The **Pebble Table Lamp**, with a silver glass base and white textured cotton shade, is inspired by the smooth, organic shape of a river rock. West Elm, \$179, westelm.com.



The **Chelsea Sectional Lamp** has a slender boom arm that floats light over a couch or sectional without impeding movement. A pivoting white linen-cotton shade is fitted with a diffuser to filter the light. Cast of steel and aluminum alloy. Pottery Barn, \$300, potterybarn.com.



The **Glass Link Chandelier**, right, is a chic, modern take on traditional design, with cascades of tempered glass refracting the light on a polished-nickel frame, adding festive sparkle to the table. \$299. The luminous natural capiz shells on the **Natural Capiz Pendant** softly diffuses the light, casting a romantic glow. \$99. Both from West Elm, westelm.com.



The **Cross-Base Floor Lamp**, right, has an iron base topped with a tall textured cotton shade that softly diffuses the light. \$199. The **Adjustable Metal Floor Lamp** with white fabric drum shade focuses light with an adjustable tripod base. \$149. Both from West Elm, westelm.com.



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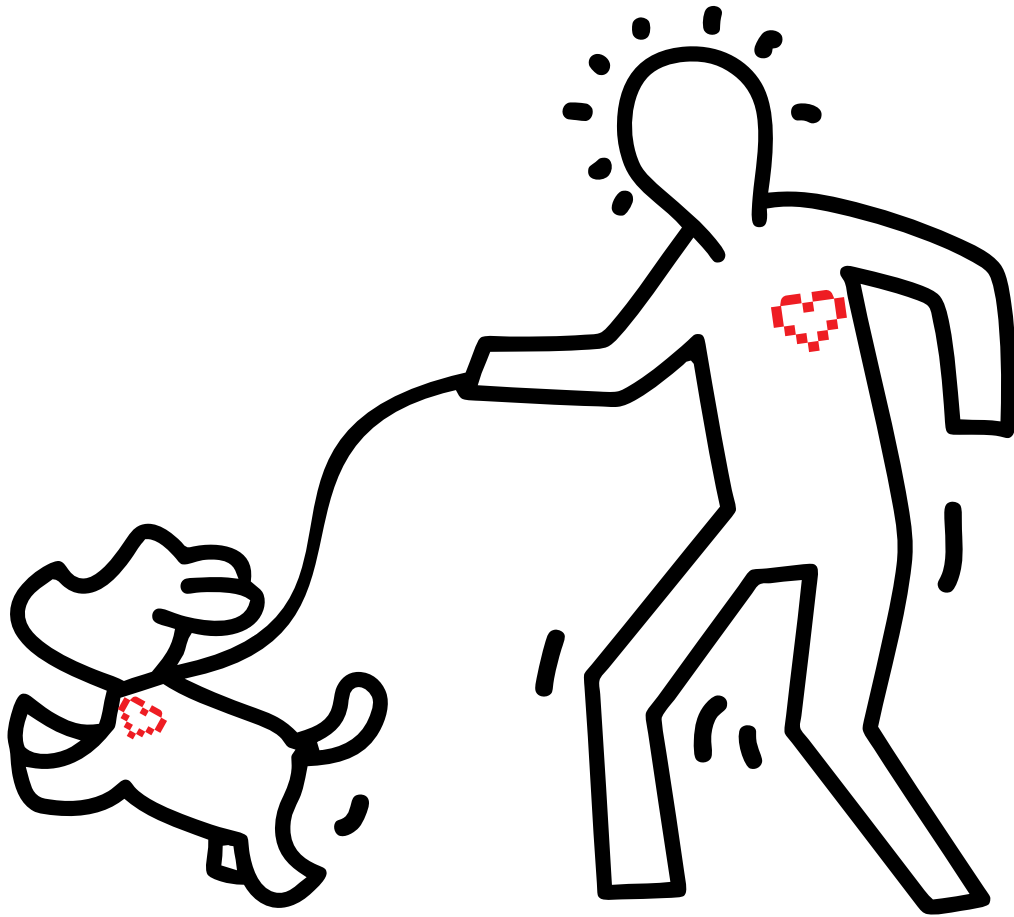


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32 metro homes

Stay warm in style for winter's last gasp

DecorMoment

Karl Lohnes

metronews.ca/decomoment

Winter can be one of the best times of the year to enjoy your indoor decor. As the outside weather whips us with cold wind and splashes up with slush, our bedrooms are the perfect place to create a warm and cosy retreat from those harsh outdoor elements.

Short of cranking up the heat thermometer and wearing the snuggle blanket that our Moms gave us for Christmas, I've come up with a few designer-friendly heat sources that will keep our sleeping spaces cosy and stylish during these chilly winter months:

Wall-hung fireplace: Yes, its electric, slim and hangs on the wall. Made by Canadian company Dimplex (around \$500, dimplex.com) it has a remote thermostat to warm up your room in no time.

Warming blankets: The Sunbeam Cuddler Electric Throw (\$129 from sears.ca) helps to warm your bed or can be used as a throw while watching television on the couch.

Stylish heater: Add a spot of heat to your room with an ultra-stylish and affordable space heater that instantly heats up the room with good looks. The Max Red Heater (Bed, Bath and Beyond, \$119) is the perfect obedient pet to stand in the

Designer tip: Hang it 24-30 inches off the floor so you can enjoy the view while in bed.

The Dimplex electric fireplace.



The Sunbeam Cuddler Electric Throw.

Designer tip: Try these in chocolate brown or hotel blue.

corner and adore.

Flannel sheets: As cosy as flannel PJs, a good set of cotton flannel sheets (stay away from synthetic blends) will be your best friend in bed. I found mine at HomeSense for less than \$60/queen. I suggest dark grey, deep green or chocolate brown; darker colours will visually make your bed feel more intimate and cosy.

Sheepskin style rug: Create comfort under foot with a plush, sheepskin rug. Synthetic or real (I always see these at Ikea for around \$50), they now come dyed in a rainbow of funky

colours to add a burst of colourful warmth to the floor. Look for natural cream, fuchsia pink or charcoal grey; it'll be the best way to warm up those cold laminate floors when you jump out of bed each morning.

Luke-warming ideas NOT endorsed by this designer: Fuzzy moose slippers, a steamy novel or the famous snuggle blanket. Keep warm and stay stylish until full-on spring arrives.

Karl Lohnes is passionate about good decor and wants to help you have a beautiful home, no matter what your budget or style.

To professionally stage, or not?

LegalMatters

Jeffrey D. Cowan

jeff@cowanlaw.ca

Q We are in the process of selling our house and our real estate agent has advised us that we could use a professional stager to increase the appeal of our house and drive up the price. Personally, I think our house shows quite well and that it is wasted money. What is your opinion?

A Although this isn't a legal question, it is a good one and deserves some thought.

Stagers (as they are known) are generally technically trained individuals who approach a home and look at it from the eyes of a potential purchaser. What you may have thought was an entirely acceptable decor may be something that would turn many potential buyers off. The idea here is to have the buyer walk into your space and imagine living there.

Aside from the obvious clutter and really bad pieces of furniture, the stager can address a variety of items:

Your furniture layout, removing some pieces and storing them offsite, etc. The end result is that you want to gain the maximum amount of money from the sale of your home. Having invested from several hundred to perhaps several thousand can really pay off in the end.

Note: If the house is sitting empty it is almost always useful to have the property staged as rooms that are decorated for their purposes are much more attractive to the buyers.

Jeffrey Cowan is the principal with Cowan Taylor and McGee, Barristers & Solicitors. The information in this article should not be relied upon as legal advice.

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Try detoxing while you clean house

As you contemplate spring cleaning this year, why not "detox" your home as well?

There are many everyday sources of toxins in our homes. Granted, the amounts from any one source may be small, but

consider the fact that these toxins accumulate over time, and that there are multiple sources in most homes. In addition, most homes are tightly closed over the winter to conserve energy, so pollutants can build up.

Doesn't sound like a healthy scenario, does it?

Here are some ideas on how to minimize everyday toxins in your home.

- A doormat and a shoes-off rule keep street contaminants out of your home.

- Open windows at times that toxins are likely to be released.

- Cleaning products can

be a source of toxins. Effective, homemade simple cleaning solutions with vinegar and baking soda are inexpensive and easy. Check online for recipes.

- If you buy cleaners, use gentle, naturally-derived products without a strong smell or colour,

HomeScape

Sylvia Putz

metronews.ca/homescape

Don't forget food

- Also minimize canned foods because of the thin layer of chemicals used to reduce sticking of food to the cans. Again, chemicals may leach into food.

- Don't use conventional non-stick cookware, especially if it is scratched. Use cast iron or stainless steel instead, or choose cookware with a non-toxic coating.

tional dry cleaners that use toxic perchloroethylene to clean.

- Avoid stain and water repellants, as they may contain formaldehyde.

Carpet and spot cleaners may also contain harmful chemicals.

- Don't use mothballs as they are treated with toxic petrochemicals. Use cedar chips or balls, or sachets made of herbs like mint, rosemary, thyme or cloves.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.



and no more than a "caution" warning.

- Personal products, such as soaps, shampoos, lotions and make-up, should also be naturally derived, so they are less likely to contain harmful additives.

- Don't use bleach or products that contain chlorine. Also avoid paper products bleached with chlorine.

- Do not use air freshener sprays or plug-ins.

- In the laundry, avoid chemically treated fabric softener sheets. If you need, use a half-cup of vinegar in the rinse cycle instead.

- In the kitchen, avoid microwaving plastic. Store food in glass containers, and avoid PVC-based plastic wraps. Plastic ingredients may leach into food.

- Avoid using conven-

When renovating, think composite over granite

RENO For homeowners, granite is a favourite for countertops, flooring, backsplashes and fire-place hearths. However, there is a difference between natural granite — made from an actual slab of natural stone — and composite granite materials. Composites include a combination of natural and manmade material and that gives them an edge over natural stone when it comes to durability, performance and hygiene.

Popular on the market today are kitchen sinks made of "granite composite" material. Canada's leading brand is Silgranit, made by German sink manufacturer Blanco. Made of 80 per cent natural granite, Silgranit also has a patented formulation of acrylic and ceramic microbeads that make it non-porous, scratch-proof and stain resistant. The sinks come in seven natu-

ral colours and the company makes matching coloured faucets for easy coordination.

"Silgranit is a patented material that is unique in the marketplace and so durable, it can last the lifetime of a person's home without chipping or scratching," says Alexandra Marshall, marketing director with Blanco. "Both our formulation and manufacturing process is patented so there is nothing else out there that is comparable in terms of performance."

This also makes it far more durable than the more common stainless steel sink, which can scratch, and also more durable than other sink materials like cast iron or acrylic. It is also hygienic and approved to food-safety regulations. Unlike natural granite used for countertops, bacteria cannot grow on its surface.

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Style



Jewels fit for a celeb

When it comes to the red carpet, statement jewelry can be just as show-stopping as a beautiful gown. In anticipation of the Oscars, anyone can accessorize like a celebrity with Lia Sophia's new Lanaya Red Carpet Celebrity Collection. Architectural elements, coloured pearls and tribal-inspired motifs make up this stunning collection. Left: Necklace with black diamond crystals in matte gold, \$770, and pyramid stretch bracelet with black diamond crystals, \$440 each. Available at liasophia.ca. METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Who will dazzle?

Experts weigh in on what to expect on the red carpet

JORDANA DIVON
for Metro Canada



Awards? What awards? For many, Oscar night is the world's most elaborate fashion show, a chance for the sartorially minded to revel in the beauty (and occasional beastliness) of Hollywood glamour.

Just in case you can't wait until the weekend, Metro has assembled an expert panel to drop a few hints about what to expect on this year's Academy Awards runway.

The Ladies

Los Angeles-based Ali

Hollywood Votes Academy Awards

Rahimi is an awards show pro, having dressed stars like Amy Adams, Anjelica Huston and Jane Lynch for their respective romps down the red carpet. And although he won't tell us who, don't be surprised to see one of his gowns floating into The Kodak Theatre on Sunday.

"In the past few years the trend has been discovering new designers – not just sticking with the same old guard – and feeling com-

fortable enough to take a chance and wear colour or fabrics that are a little more out there. There's always going to be black, but I think we're also going to see a lot more fabrics like silk taffeta, which is very malleable to drape different designs in, silk duchess, crepe, and we're seeing a lot of wonderfully complicated, intricate knits as well."

The Gents

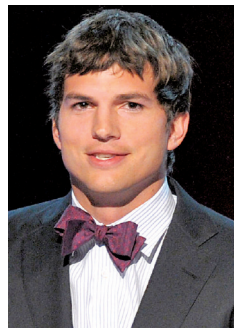
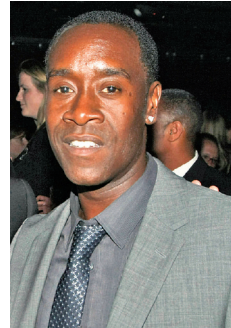
Menswear designer Dimitri Chris has been stitching

Fancy footwear

Stuart Weitzman is finally coming to Canada. Two Montreal stores are set to open this month at Rockland Center and Carrefour Laval, and Toronto fans can get their shoe fix at the Eaton Center come September 2010. Pictured right: Stuart Weitzman black satin glitzy sandal, \$485.

up his niche on the Montreal fashion scene for the past decade, and is the veteran of not one, but two prêt-à-porter collections during la belle ville's Fashion Week. His use of shape and creative combinations has singled him out as one to watch.

"If a guy doesn't wear a traditional black tuxedo and tie he will automatically stand out and not necessarily in the right way. So to make a good statement, I think the men



Designer Dimitri Chris thinks men at this year's Oscars will opt for less conventional tuxes in a navy or dark grey colour (see actor Don Cheadle, right) and/or a patterned bowtie (see actor Ashton Kutcher, left).

should opt for a real knotted bowtie, preferably in a pattern rather than solid black. They can also try a less conventional tuxedo with a lightweight velvet dinner jacket or a full-on silk tux in a navy or dark gray instead of the classic black. A pocket square is a must."

The Shoes

Stuart Weitzman's 'million dollar shoes' have been an Oscar staple since 2002, and his work can be seen supporting many of the world's most famous arches. Out of respect for

the economy, Weitzman says he won't be debuting a six-figure creation this year, but reassures us there will still be plenty of glamorous footwear.

"Lots and lots of patterns — the higher the better, as well as some unique feather detail designs, crystals, of course, and color palette of nudes and metallics. Stars are always ahead of the curve when it comes to embracing the latest in cutting-edge fashion, so expect the unexpected, especially from Maggie Gyllenhaal and Penelope Cruz."

Actor Maggie Gyllenhaal, known as a trend setter, wore a silk mermaid-cut Roland Mouret dress to the 2010 Golden Globe Awards.

Glee actress Jane Lynch in an Ali Rahimi gown.



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Paris shows begin

Hash and Van Noten kick off Fashion Week

The City of Light's fall-winter 2010/2011 ready-to-wear shows got off to a featherweight start Wednesday with a delicate collection of layered transparencies by emerging French designer Anne Valerie Hash.

Slouchy cropped pants and raw-seamed jackets with see-through paneling were layered over straight-leg pants in shimmering translucent polyester in jewel tones. Abbreviated cocktail dresses in the same opalescent fabrics had delicately draped bodices and short pleated skirts that shone like deep sea jellyfish.

Highlights of the airy collection included a cropped kimono jacket in multicolored sequins that shone darkly and a silken jumpsuit that walked the fine line between dressy and casual.

Critically acclaimed Belgian designer Dries Van Noten also showed on day one of Paris Fashion Week with a collection that mixed vintage shapes and varied fabrics.

From rough canvas fabrics in military drab to fancy, matador-style silver embroidery, the runway show displayed a gorgeous, toned-down collection.

"We started with '50s and '60s couture, the beautiful shapes, and also looked at other garments, menswear, military uniforms and mixed them together in a



French designer Anne Valerie Hash showcased an airy collection of items in translucent polyester during her Paris show on Wednesday.

rebellious way," the genial designer told The Associated Press in a backstage interview. "You get the same elegance, but in a really different way."

Models with deliberately unkempt hair wore drab pants cut wide through the hips and pulled tight through the calf with a row of straps. Trench coats were shorn of their sleeves and smart camel blazers looked as if they'd bor-

rowed their sleeves from a treader jacket, sparkling with silver sequins.

An indigo stain spread down one bottle-shaped cocktail dress with a nipped waist, making the floral silk look as if it had been on the receiving end of a bottle of India ink. In fact, it had.

Van Noten said his team brushed on layer after layer of indigo paint onto the silk.

Leopard-print scarves, chunky crocodile heels and gloves in butter-scotch leather added an extra touch of ladylike class to the looks.

THE ASSOCIATED PRESS

Paris Ready-to-Wear is on now until Wednesday



Belgian designer Dries Van Noten took inspiration from '50s and '60s couture for his fall-winter 2010-2011 runway show in Paris.

THE BLUES

#7



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H&M

3 Trends to watch for from Milan

Hot looks from the Italian catwalk were:



NEUTRALS: Giorgio Armani, Alberta Ferretti.



ANIMAL PRINTS: Blumarine, Just Cavalli, Blugirl, Gucci.



SUPER SHORT SKIRTS: Blumarine, Just Cavalli.

THE ASSOCIATED PRESS PHOTOS

Britain's Missing Top Model, a reality series from BBC3 about eight young women with disabilities pursuing careers in modelling, airs in Canada on March 15. It will air on the the Body, Mind & Spirit channel (onebodymindspirit.com). **METRO NEWS SERVICES**

Your Oscar wins

From pretty to practical, luxe to less, swag-bag-inspired stuff for your own Oscar gift lounge — i.e. your big-screen-TV room



Hollywood Votes Academy Awards

Nine West floral clutch, \$120, for a little flower power. At The Bay.



Airplus Shoe Comfort Kit, \$12.99, includes non-slipies for the soles of your fancy shoes. At drugstores and mass retailers.

JANINE FALCON/FOR METRO CANADA

A hand-crafted Charlotte Hosten necklace, from \$170, is gorgeous with your LBD or white tank and jeans. charlottehosten.com.



My Tagalongs 911 Tin, \$12, includes double-sided dress tape, just in case. mytagalongs.com.

Kim Drosdick hand-woven sterling-silver Oscar ring, \$295, a Canadian piece etalk daily's Tanya Kim is slated to wear during her red-carpet interviews.



Maybelline New York EyeStudio shadow palette in Irrisistably Ivy, \$11.99.



Halle by Halle Berry, \$49, the scent of an Oscar-winning woman.



Dove Ultimate Visibly Smooth Anti-Perspirant, \$4.99, to condition skin and minimize the appearance of regrowth.

Chanel Rouge Coco lipstick, \$38, long-lasting and in a range of pretty new hues.



Rowenta Beauty Professional Flat Iron, \$219.99, for pro-perfect locks.



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Sleeveless polyester dress, Vero Moda (\$45, veromoda.com)



Cotton wrap knit, Just B. (\$180, agencemelanie.mclean.com)

ADVICE Chalky grey is spring's newest neutral. Mix it with a creamy white or cloudy beige for a soft, monochromatic style in different fabrics and textures.

Linen and cotton blazer, French Connection (\$148, frenchconnection.com)



Synthetic-leather shoulder bag, Feet First (\$45, feetfirstshoes.com)



Synthetic-leather platform sandals, Aldo (\$80, aldoshoes.com)



Master class

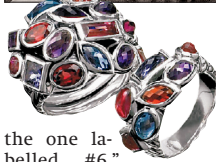
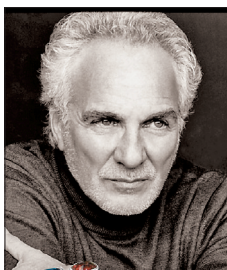
David Yurman, legendary jewellery designer and celeb favourite, shares some of his favourite things with ELLE

By RITA SILVAN
Editor-in-Chief

Chances are, either you or someone you know owns a David Yurman. Bold, gumball-size citrines, amethysts and blue topazes are often set in his distinctive cabled rings, bracelets, pendants and earrings. ELLE talks sparkle and stars with the mixmaster.

On creating ad campaigns "I always ask 'What's the emotion?' I am always

looking for 'smile' pictures." **On supermodels** "I love working with Kate Moss. She really sells it. Recently we shot with Amber Valletta, who is great. Forty-five people turned up on a tropical island—hair, makeup, a trailer of clothes, craft services!" **Best thing about success?** "The freedom to create my own rules. For example, I ride my horse every Wednesday. If someone important is in town, I'll move my ride to another day. But I always take it." **On launching a fragrance** "My wife, Sybil, and I are sensualists — we love flowers, music, fragrance. It took one year to create the formula, and we settled on



the one labelled #6."

On being a gem hunter "I love the Tucson Gem Fair. I always tell my son Evan 'Go old-school: Don't go for price; go for the best quality.'" One day... "I've never been to the Gem Palace in Jaipur, India."

THE BLUES

#5



H&M

Justin Timberlake is back with ex Cameron Diaz — on the big screen. He has signed on to star alongside her in the comedy *The Bad Teacher*. According to *Variety*, Diaz, 37, plays a middle school teacher who gets dumped by her boyfriend. USMAGAZINE.COM

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA



Rising star

Sam Worthington will be honoured as the **ShoWest Male Star of the Year** at the annual cinema owners' convention in Las Vegas this month. The *Avatar* star will receive the prize at an awards gala. FEMALEFIRST.CO.UK

Bubl  leads with 6 Juno noms

Billy Talent, Johnny Reid, Drake each up for 4 prizes

The Juno Awards are crazy for Vancouver crooner Michael Bubl  and his hit album *Crazy Love*.

Bubl  scored a leading six nominations as this year's Juno contenders were announced Wednesday.

Rockers Billy Talent, rapper Drake and country singer Johnny Reid all landed four nominations apiece.

Teen sensation Justin Bieber and Toronto indie-rockers Metric received three nods each.

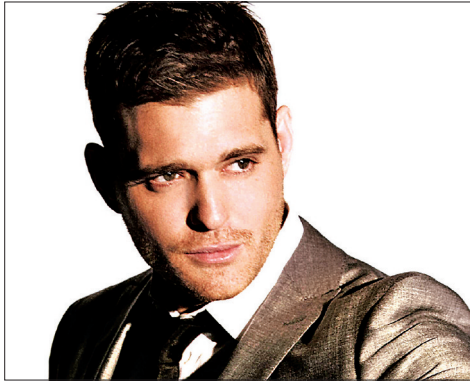
Bubl  will compete for the Juno fan choice award, single of the year for

Haven't Met You Yet, album of the year, artist of the year, songwriter of the year and pop album of the year.

Crazy Love also landed producers Bob Rock and David Foster a nomination each in the producer of the year category.

Rockers Billy Talent, from Mississauga, Ont., are up for single of the year for *Rusted From The Rain*, album of the year, group of the year and rock album of the year.

Drake, fresh off two Grammy nominations, will compete for single of the year (*Best I Ever Had*), new



Michael Bubl  has scored a leading six Juno nominations.

artist of the year, and a double nomination in the category of rap recording of the year.

Finally, singer-song-

writer Johnny Reid — who was born in Scotland, raised in Toronto and now lives in Nashville — is up for fan choice, album of

the year, artist of the year and country album of the year.

Bubl , Drake and Justin Bieber will be among the performers at the Junos, set for April 18 in St. John's, N.L.

Bryan Adams is slated to receive a humanitarian award and April Wine will be inducted into the Canadian Music Hall of Fame.

Comedian Russell Peters has hosted the show for the last two years, but a spokeswoman for the Canadian Academy of Recording Arts and Sciences confirmed that the funnyman would not be back for this year's festivities.

Instead, the Junos will use several hosts.

THE CANADIAN PRESS

Juno contenders

• **Juno Fan Choice Award:** Ginette Reno, Johnny Reid, Maxime Landry, Michael Bubl , Nickelback

• **Artist Of The Year:** Diana Krall, Jann Arden, Johnny Reid, K'Naan, Michael Bubl 

• **Group Of The Year:** Billy Talent, Blue Rodeo, Hedley, Metric, The Tragically Hip

• **New Artist:** Carley Rae Jepsen, Danny Fernandes, Drake, Justin Bieber, Shiloh

• **Alternative Album Of The Year:** Face Control, Handsome Furs, Post-Nothing, Japandroids, I Can Wonder What You Did With Your Day, Julie Doiron, Fantasies, Metric, Sainthood, Tegan & Sara

• Read the full list of nominees at metronews.ca/music.

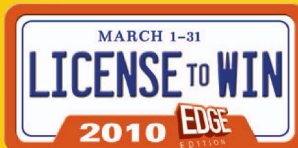


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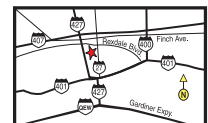
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SPLTW10NEWSB

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Rowe wins lawsuit

A judge has granted Michael Jackson's ex-wife, Debbie Rowe, a \$27,000 judgment against a woman who she says gave false information to reporters about her after the singer's death. **THE ASSOCIATED PRESS**

From Africa to Toronto

Tinariwen skillfully blends African and American sounds

ROB MCMAHON
for Metro Canada

Tinariwen's desert-blues — like the stark sun that shines on the region — illuminate the joy and frustration of life on the Sahara Desert region of northern Mali that they call home.

Last year's album, *Imidiwan*: Companions, celebrates the band's love of the Tuareg community, landscape, and women.

"Lulla is a song about the beauty of women in the period from 1984 to 85," singer-guitarist Abdallah Ag Alhousseyni explained through a translator. "Lulla was the name of a woman in the area, whom a lot of people knew ... (The song is an) homage to the beauty of women in that period. It's a generational thing: girls in that period were really, really good looking."

Despite their playful nature, Tinariwen face challenges far beyond the flat tires and truck stop coffee endured by most touring bands. Formed in Colonel Muammar al-Gaddafi's military camps during the

1980s, the band built a studio, recording songs calling for the freedom of their people. They made analogue cassettes that were copied and passed around the region, building a fan base that has since gone global. In 2009, *Imidiwan* beat out releases by Wilco and Kings of Leon to win Britain's prestigious Uncut Music Award.

But the nomadic Tuareg people continue to face problems, including a lack of access to electricity, studio time and instruments.

Children build guitars out of water jugs and bicycle brake wires.

"Desert life and musical life are very different. It's very difficult to have a musical life — we are very limited in resources," explained Ag Alhousseyni. "Guitars are hard to come by, there's not a lot of electricity, and studios are very rare ... We're trying to show that people want to make music even without access to a guitar."

While this context may make *Imidiwan*'s songs hit harder, it shouldn't overshadow the music itself, which blends African and American influences through bluesy guitar licks

and tonal percussion. Lulla's stuttering percussion and joyous trills evoke a desert party, while Tahult In features a head-nodding bass groove and Ibrahim Ag Alhabib's weary lead vocals. The handclaps, drone-like background vocals and twanging sitar-like playing on *Kel Tamashek* culminate in a raucous singalong that

sounds like Arcade Fire, as lit by a Saharan campfire. While the group's lyrics are in Tamasheq, the central idea seems clear.

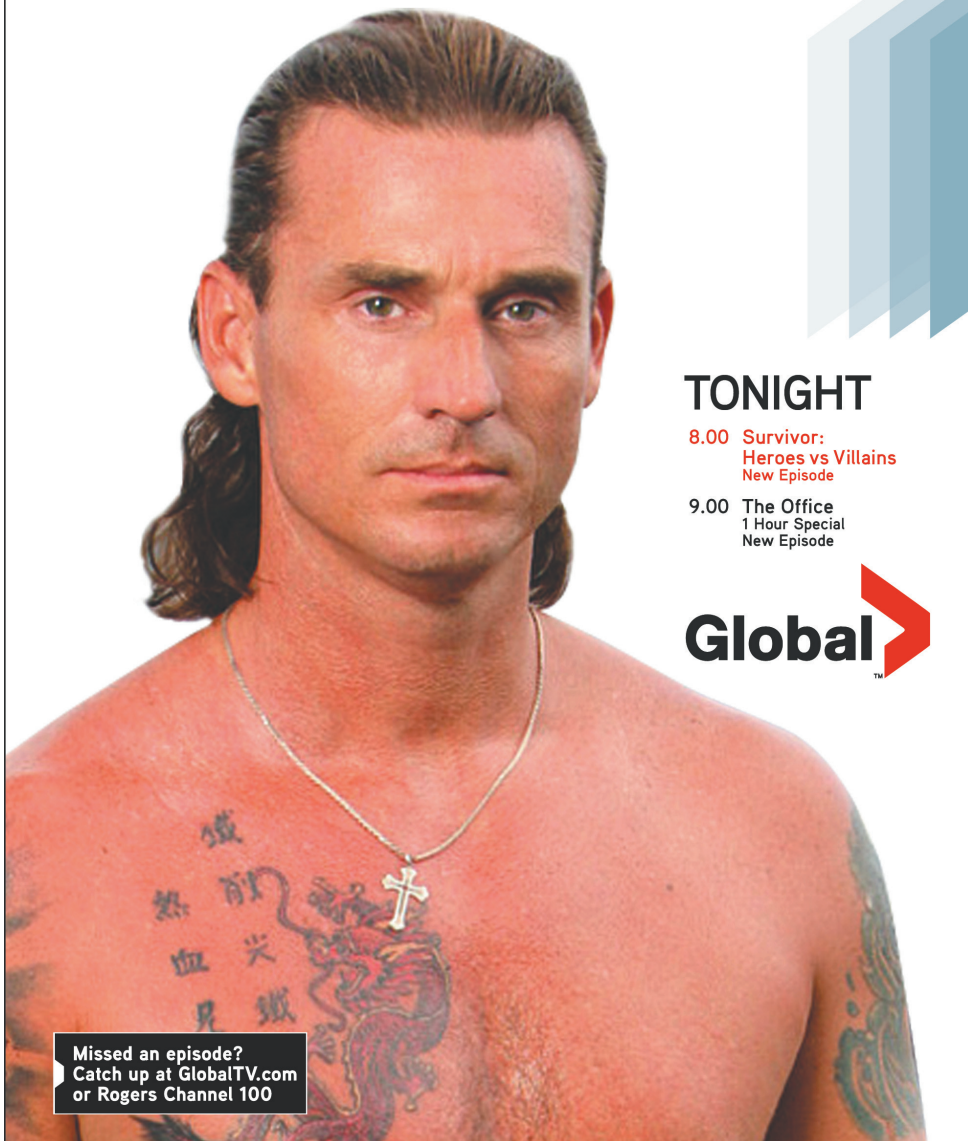
"Having people come together in the desert, fueled by company and making music come naturally," said Ag Alhousseyni. "It all feels very natural; there's no stress."



Tinariwen's *Imidiwan*: Companions channels African and American influences through bluesy guitar licks and tonal percussion.

Tinariwen plays the Phoenix in Toronto tonight

Is the dragonslayer cracking?



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New Episode

Global

The K4ce of local hip hop

BRIAN TOWIE
Metro Canada

Toronto hip hop has come a long way, with little to no help from the Canadian record industry, says the man who brought you the term T-Dot.

K4ce, the Canadian rap guru born and raised Shawn Morrison in Weston and based in New York since late 1990, will bring the message to the Toronto Free Gallery (1277 Bloor St. W.) tonight. He'll be the keynote speaker for the launch of northside-hiphop.ca — a website that will document over 30 years of Canadian hip hop history — going from 4 p.m. to midnight.

He's just the man for it too: A veteran of more than 30 years in hip hop, K4ce has worked behind the scenes with some of the genre's pioneers in its fledgling days, including Maestro Fresh Wes, Michie Mee and Ghetto Concept. He notes that the Toronto scene has always been a healthy one and unlike American markets, it has stayed relatively free of big-label and mone-



Catch K4ce tonight in Toronto.

tary corruption.

"It all started in the streets with crews like Sunshine Sound that would rap at a party and it grew from there," says K4ce. "Now look at it. Homies like Drake don't just take hip hop, they take music, to another level. And I'm just happy that homey's from Toronto."

Help from Canadian labels is and has been scarce at best, he says, putting it down to timid record execs who opt to stay in the safe sphere of folk and rock instead of hitting the streets to see what's going on.

"You needed the right representation and that's something we've always had a problem with," he says.

Missed an episode?
Catch up at GlobalTV.com
or Rogers Channel 100

Erik Estrada played a police officer on television, and now he's asking the Virginia legislature to support investigators who use the Internet to catch sexual predators. **THE ASSOCIATED PRESS**

Derülo sings heart out

Jason Derülo

Album: Jason Derülo

Label: Warner

Rating: ⓈⓈ

AFTER YEARS

OF writing for other artists, latest R&B sensation Jason Derülo finally has his own success with hits Whatcha Say and In My Head. Creating a full-length on their backs, this nine-track eponymous effort ranges from simplistic dance anthems to more of the same. Completely vacuous, Derülo solely bleats about love in various states (falling into it, emotional hangovers and so on) and seems more concerned with finding vocal hooks



than crafting anything of merit. Richly upbeat and overflowing with synthesized effects, Jason Derülo is danceable and quirky but it's also far from enduring or in danger of redefining pop music. Instead, it does as planned: makes a quick cash grab with rudimentary, disposable aural Pabulum.

Keith Carman/for Metro Canada

Rogue Wave

Album: Permalight

Label: Universal

Rating: ⓈⓈⓈ

OAKLAND'S

ROGUE WAVE

have never quit lived up to the promise they showed on their stunning



debut *Out of the Shadow*. But, after two lackluster discs, their fourth record finally comes close. The record is filled with a mix of soft acoustic numbers and more upbeat electrotinged tunes. It's the former where they really shine — *Solitary Gun* is a gorgeous mid-tempo track. Unfortunately, some of the tracks sound a lot like Death Cab for Cutie, which takes away from Zack Rogue's improved songwriting.

Bryan Borzykowski/for Metro Canada

Joanna Newsom

Album: Have One On Me

Label: Drag City

Rating: ⓈⓈⓈⓈ

YOU HAVE TO BE nuts to release a two-hour, three-al-

AlbumReviews

music@metronews.ca

bum record filled with spare harp-filled sounds, so it's no surprise that Joanna Newsom has done exactly that. The eclectic singer-songwriter lays down 18 delicate, almost musical-like tracks on her third effort. This album is her most direct and lyrically realized, and while it's difficult to wrap your head around at first, these oddly infectious tunes are growers. Her one problem is the same issue anyone releasing a double disc or more faces — cutting a few of the more forgetful tunes would have made this a five star listen.

Bryan Borzykowski/for Metro Canada

Brasstronaut

Album: Mt. Chimaera

Label: Unfamiliar

Rating: ⓈⓈⓈⓈ

DON'T LET THE name fool you — Brasstronaut is not your uncle's smooth jazz band. But he might actually dig them. The Vancouver-based indie band definitely contains jazz in their complex DNA, as well as virtually every genre a sextet can cook up. The results are surprisingly coherent and yes, also very smooth on this debut al-



Jason Derülo's self-titled album is danceable and quirky but it's also far from enduring or in danger of redefining pop music.

bum, Mt. Chimaera. While there are plenty of unorthodox instruments at play in Brasstronaut's oeuvre (flugelhorn, clarinet, EWI), their core is built from pop music in the same scrupulous respect as a proficient band like The Sea & Cake — or Steely Dan, if your uncle's reading.

Cam Lindsay/for Metro Canada

Danny Gokey

Album: My Best Days

Label: Sony

Rating: ⓈⓈ

HAVE YOU EVER put an album on the headphones and then, after a track or so, forgot you were listening to it? It's easier to do than you may think, especially if you get distracted by something of importance, like cleaning



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Hurt Locker facing suit

A bomb disposal expert plans to sue the makers of *The Hurt Locker*, claiming the film's lead character is based on him and that they cheated him out of "financial participation in the film," his attorney said. **THE ASSOCIATED PRESS**

Email spurs shutout

Hurt Locker producer barred from attending Oscars

A producer of the war story *The Hurt Locker* will not be allowed to attend Sunday's Academy Awards because of emails he sent urging academy members to vote for his movie, Oscar overseers said Tuesday.

But Nicolas Chartier will receive an Oscar at a later date if *The Hurt Locker* wins best picture.

The executive committee of the producers branch of the Academy of Motion Picture Arts and Sciences imposed the penalty on Chartier, who violated Oscar rules that prohibit mailings promoting a film and disparaging another.

Chartier sent an email Feb. 19 to some academy members asking for their support for *The Hurt Locker*, not a "\$500 million film" — an obvious reference to blockbuster best-picture contender *Avatar*.

Subsequent emails, posted by the Los Angeles Times, showed Chartier asking Oscar voters to rank *The Hurt Locker* at No. 1 and *Avatar* at No. 10 among this year's expanded best-picture lineup of 10 films.

Chartier apologized in a subsequent email. "My naivete, ignorance of the rules and plain stupidity as a first-time nominee is not an excuse for this behaviour and I strongly re-



The *Hurt Locker* producer Nicolas Chartier won't be attending the Oscars Sunday.

gret it," Chartier wrote.

He did not immediately return a call Tuesday from The Associated Press seeking comment on the academy's penalty. Officials at Summit Entertainment, which released *The Hurt Locker*, declined to comment.

Avatar producer Jon Landau did not immediately return a call for comment.

The Hurt Locker and *Avatar* have been at the head of the pack throughout awards season, and they lead the Oscar field with nine nominations each.

Avatar won the Golden Globe for best drama, but *The Hurt Locker* has domi-

Hollywood Votes Academy Awards

nated honours from critics and key Hollywood trade groups, including guilds representing directors, writers and producers.

Chartier is one of four producers listed on the film's best-picture nomination, along with *Hurt Locker* director Kathryn Bigelow, screenwriter Mark Boal and Greg Shapiro. Bigelow and *Avatar* director James Cameron were married from 1989 to 1991.

The penalty against Chartier does not affect

the other three producers, who are free to attend the Oscars.

The academy announced its sanction against Chartier as Oscar balloting closed Tuesday. The producers branch stopped short of the harsher penalty of rescinding Chartier's nomination, which would have kept him from receiving an Oscar statuette if his film won.

"You would hope it wouldn't have happened," said Tom Sherak, academy president. "It will not cloud what the night is. This was an individual thing that happened. It's been dealt with, and now we're going on to the show." **THE ASSOCIATED PRESS**

Battle of batting averages

NUMBERS Meryl Streep has a record 16 Academy Awards acting nominations, yet her batting average is minor league when it comes to winning.

Streep has two Oscars but also has by far the worst winning percentage among acting recipients who have earned two or more awards.

From her 15 previous nominations, Streep's batting average is .133. If she loses this time with her best-actress nomination for *Julie & Julia* — Sandra Bullock is the favourite for *The Blind Side* — Streep's average will drop to .125.

If Bullock wins, she'll have a perfect batting average — one-for one, since this is her first nomination.

Katharine Hepburn had 12 nominations and won best actress four times, for 1933's *Morning Glory*, 1967's *Guess Who's Coming to Dinner*, 1968's *The Lion in Winter* and 1981's *On Golden Pond*. That's a .333 batting average.

Jack Nicholson also has 12 nominations but three wins (a .250 average), best actor for 1975's *One Flew*



Meryl Streep has a record 16 Oscar nominations for acting.

Over the Cuckoo's Nest and 1997's *As Good as It Gets* and supporting actor for 1983's *Terms of Endearment*.

Streep does not have the worst batting average among actors with multiple nominations.

Laurence Olivier had 10 nominations, winning just once (best actor for 1948's *Hamlet*), for a .100 average. Paul Newman was nominated nine times and won once (best actor for 1986's *The Color of Money*), for a .111 average.

With eight nominations and one win, a .125 average, are Al Pacino (best-actor winner for 1992's *Scent of a Woman*) and Geraldine Page (best-actress winner for 1985's *The Trip to Bountiful*). **THE ASSOCIATED PRESS**

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Former vice-presidential nominee Sarah Palin turned into a standup comic on Jay Leno's Tonight Show, dropping one-liners about the White House, Congress and Tina Fey — the actress known for her impression of the ex-Alaska governor. **THE ASSOCIATED PRESS**

French films for the young

ADAM NAYMAN
for Metro Canada

Conceived by the Cinefranco festival as a showcase of films showcasing the "heroism and courage of young people," the Jeune Cinema program (Saturday and Sunday at AMC Cinemas) is highlighted by a contribution by an old master: Costa-Gavras, the

Oscar-winning Greek filmmaker behind Z, The Sleeping Car Murders and The Music Box.

Eden is West doesn't approach the heights of those films, but it's a nicely crafted piece of work all the same, centring on a young Greek man (Riccardo Scamarcio) who stows away on a cruise ship bound for France. In an attempt to evade the author-

ities, he jumps overboard and winds up at a coastal resort with the highly symbolic — and, as our hero's problems mount, increasingly ironic — name of Eden.

As an allegory for the immigrant experience, West of Eden is cogent by ultimately simplistic. There's more to chew on in French director Philippe Lioré's acclaimed Welcome about

a 17-year-old Kurdish refugee (Fiat Ayverdi) who enlists a reluctant but sympathetic French swim instructor (Vincent Lindon) to help him train for a dangerous — and highly illegal — solo trip home across the English Channel.

"These are films about the separation between myth and reality in contemporary France," says Cinefranco's founder and

director, Marcelle Lean.

Lean believes that these stories will resonate with Toronto audiences, and says that Jeune Cinema was created in an attempt to appeal to a younger filmmaking demographic.

"We'd like very much for young French-speakers to have a casual experience going to see a French-language film," she explains.

THE ASSOCIATED PRESS

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Hulu loses comedy shows

The popular video website Hulu has announced that it is losing two of its most popular offerings: The Daily Show and The Colbert Report. **THE ASSOCIATED PRESS**

entertainment 45

Mr. Dad comes to town

KUMAR SAHA
Metro Canada

They say that every face tells a story. But, in the quirky world of Paul Dooley, footwear can do it better.

The veteran Hollywood actor's directorial debut *Head Over Heels* — a half-hour film that kicks off the World of Comedy Film Festival in Toronto this Friday — literally turns the conventional romantic drama on its feet.

In this boy-meets-girl tale set in the 1930s, the characters are only seen from waist down as their shoes do all the talking, leading to much hilarity.

Inspired by how films have traditionally used close-ups of boots stepping out of a limo or hands grabbing a gun to introduce key characters or heighten the drama, Dooley was drawn to making a "funny" film revolving around limbs.

"But, then I started limiting myself and I thought that feet are funnier than hands and ears. My original title for it was *Socks*," Dooley says.

ley says.

It took the 82-year-old thespian a little while to get to his maiden project. Dooley blames this delayed creative spurt partly on "procrastination" and partly on his busy career.

Known for his critically acclaimed "dad" roles in films such as *Breaking Away* and *Runaway Bride*, Dooley has also had successful stints on TV's *Star Trek: Deep Space Nine* and *Curb Your Enthusiasm* as well as Emmy-nominated roles on HBO's *Dream On* and *The Practice*.

But the character that rings a bell with most people is his turn as Molly Ringwald's understanding father in the '80s cult favourite *Sixteen Candles*. "Women who are thirty-ish now but were about 16 then just rave about it and tell me that 'I wish you were my dad,'" Dooley says.

While Dooley is proud of being the quintessential on-screen father figure and is a real-life dad to four children, he is a little hesitant about professional mentoring — a lesser known side of Dooley that will be on



A scene from *Head Over Heels*, screening at this weekend's World of Comedy film fest.

display at his workshop "Improv for Character Actors" at Toronto's Second City Training Centre, prior to his film screening.

"Leave me alone" is his first wry response when asked about his best advice for young, upcoming talent.

But, just like the curmudgeonly but well-meaning pop who bails out the kids in the end, Dooley ultimately offers his words of wisdom. "Many people get out of high school and want to get into television. But, you have to develop some chops. Work in a church basement, do a play, do a one-act. The point is to keep doing it," Dooley says.

For now, Dooley intends to heed his own advice. He plans to make more films with his son Adam, take them around the festival circuit and even put them on YouTube. Looks like Mr. Dad is not ready to hang up his boots yet.

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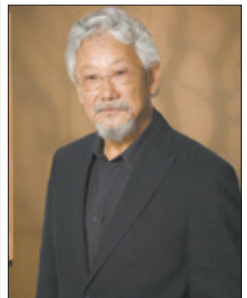
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	211	331	3	GTV	Entertainment	ET Canada	Omni News: Italian Edition (N)	The Office (HDTV) (N)	90210 (HDTV)			News Hour
	215	343	4	OMNI	Two/Half Men	The Office	Omni News: Italian Edition (N)	Vivere V	Law & Order: Criminal Intent			Metropolis
	210	302	6	CBC	Wheel Fortune	Jeopardy! (N)	The Nature of Things (N)	Love, Hate and Propaganda	CBC News: The National			The Hour
	214	344	7	CITY	Law & Order: Special Victims	Community (N)	Parks/Recreation	On Purpose	The Marriage Ref (N)			News
	212	313	8	CTV	CSI: Crime Scene Investigation	American Idol	Grey's Anatomy (N)	Grey's Anatomy (N)	The Mentalist (HDTV) (N)			CTV News
	218	345	11	CHCH	Arthur *** (1981, Comedy)	Dudley Moore, John Gielgud	Misery *** (1990, Horror)	James Caan, Kathy Bates	News at 11 (N)			Cold Case
	-	-	14	-	Family Guy	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition	Two/Half Men	King		Becker
	213	326	15	SUN	George Lopez	The Insider (N)	Canadian Music Week	Supernatural (HDTV)	The Insider	Hitchcock Pres		News at 11
	-	387	16	CBS	Inside Edition	Access H	Survivor: Heroes vs. Villains	CSI: Crime Scene Investigation	The Mentalist (HDTV) (N)			News at 11
	-	385	17	NBC	The Insider (N)	Access H	Community (N)	Parks/Recreation	The Marriage Ref (N)			News
	-	386	18	ABC	Wheel Fortune	Jeopardy! (N)	Grey's Anatomy (HDTV)	Grey's Anatomy (HDTV)	(10:01) Private Practice (N)			News
	219	346	20	ACH-B	TMZ (N)	Access H	Grey's Anatomy (HDTV)	Monk	(10:01) Private Practice (N)			A News
	-	-	28	FOX	Judge Judy (N)	Two/Half Men	American Idol	Kitchen Nightmares (N)	Seinfeld	Two/Half Men		The Simpsons
	-	388	61	PBS	PBS NewsHour	My Hero	Doc Martin	Britography (DVS)	MI-5			Business Rpt.
	297	652	330	WPX	Two/Half Men	Family Guy	The Vampire Diaries	Supernatural (HDTV)	PIX News at Ten Tong			Two/Half Men
	296	654	331	SBK	The Insider (N)	Entertainment	Law & Order: Special Victims	WBZ News (N)	70s Show			The Office
	298	653	332	TLN	The Tyra Show	According-Jim	Family Guy	KTLL News	KTLL News	Two/Half Men		Vampire
	502	390	26	NW	The Lang & O'Leary Exchange	Connect with Mark Kelley (N)	CBC News: The National	CBC News: The National	The Nature of Things			National
	500	500	33	CNN	Situation Room-Wolf Blitzer	Campbell Brown (N)	Boxing Ryan Henney vs. Frank White, Cruiserweights	Tom Brokaw Reports: Boomer! (N)	Anderson Cooper 360 (HDTV)			Mad Money
	509	504	79	CNB	Kudlow Report (Live)	Biography on CNBC			Sportsnet Connected			Hockey Central
	405	417	22	net	Best Damn Top 50 Special	Boxing Ryan Henney vs. Frank White, Cruiserweights						
	400	400	30	TSN	NHL Hockey Toronto Maple Leafs at Boston Bruins (HDTV) (Live)				SportsCentre (HDTV)			NHL Hockey
	411	457	58	OLN	Ghost Hunters	Destination Truth	Oper. Repo	Oper. Repo	Ghost Hunters International			Destin, Truth
	417	406	81	SC	NASCAR	NASCAR Hub	Fast Track to Fame (HDTV)	Bullrun (HDTV)	Bullrun (HDTV) (N)			Pass Time
	551	542	25	YTV	ICarly	Prank Patrol	Malcolm-Mid.	Hates Chris	Family Biz	To Be Indie		Prank Patrol
	554	544	45	TEL	Stoked (N)	Total Drama	Majority Rules	6TEEN	Futurama	King of the Hill		Pan's Labyrinth *** (2006, Fantasy)
	556	540	51	FAM	Sonny Chance	Suite Life	Overruled! (N)	Han, Montana	Wizards-Place	Latest Buzz		Ned's School
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	570	580	29	MM	The BRIT Awards 2010 London's	Earls Court Arena. (N)	The BRIT Awards 2010 London's	Earls Court Arena.	The BRIT Awards 2010 London's	Earls Court Arena.		MuchOnDem
	615	520	31	A&E	The First 48 (HDTV)		The First 48 (HDTV)		Manhunters	Manhunters		Lopez Tonight
	700	800	35	TLN	Centovetrine	Sky TG 24	1986 FIFA World Cup in Mexico	Ranked!	George Lopez	George Lopez		Gene Simmons
	571	581	36	MMM	The Daily Fix				Home Improve.	Home Improve.		UnStable
	575	583	38	CMT	Amer. Funniest Home Videos	Reba	Reba	According-Jim	According-Jim			Law-Order
	616	521	39	SHO	Relic Hunter	The Suspect (2005, Suspense)	(HDTV) Jamie Luner		Cake (2005, Romance-Comedy)	Heather Graham. (DVS)		ET Canada
	620	523	40	BVO	Storytellers	PhotoXplorers	Innovators	Writers	Bootcamp	Last 10		Re-Vamped (HDTV)
	601	562	41	SLC	Rich Bride Poor Bride	X-Weighted	Corner Gas	Name Is Earl	Ancestors	Ancestors		Nostradamus Effect (HDTV)
	622	506	43	HIS	Pawn Stars	Pawn Stars	22 Minutes	Corner Gas	The Simpsons	South Park		Martin
	625	548	44	COM	Air Force	22 Minutes	Corner Gas	Name Is Earl	House-Bryan	Real Renos (N)		House Hunters
	600	564	46	H&G	House Hunters	Property Virgin	Holmes Inspection	House-Payne	House-Payne	House-Payne		Seinfeld
	294	529	47	TBS	Family Guy	Family Guy	Michael Vick	Michael Vick	Juwanna Mann ** (2002, Comedy)	Miguel A. Nunez, Jr.		Mo'Nique
	576	582	49	BET	106 & Park: BET's Top 10 Live		Star Trek: Voyager	Caprica	Lost "Sundown" (N)			InnerSpace (N)
	627	528	50	SPC	Stargate Atlantis (DVS)		Cribs	Parent Control	Buried	Buried		Made
	581	566	52	MTV	Peak Season	Cribs	Family Guy	Family Guy	Seinfeld	Seinfeld		70s Show
	618	524	54	TROP	Reality	Whatever	Restaurant Makeover		Extreme Cuisine, Jeff Corwin			Ace of Cakes
	603	561	56	FOOD	Ricardo	Chuck-Day Off	On the News	Watchtower	Carrington ** (1995, Docudrama)	Emma Thompson, Jonathan Pryce.		Emma Thompson, Jonathan Pryce.
	261	394	60	V	Murder, She Wrote		The Ellen DeGeneres Show (N)		The View (HDTV) (N)			TMZ
	621	527	63	STR	Look-A-Like	TMZ	Waybuloo	Max & Ruby	Franklin	Babar		Little Bear
	553	546	65	TRE	Backyardigans	Night Garden	Missing "Truth or Dare"		The Closer			Cold Case "Offender"
	526	507	249	VIVA	Cold Case "Offender"				Rudo y Cursi *** (2008, Comedy-Drama)			The Unborn *
	300	601	301	M1	(7:15) Easy Virtue *** (2008, Romance-Comedy)				Hustle & Flow *** (2005, Drama)	Terrence Howard.		Training Day
	305	612	306	PIX	(6:45) Raging Bull *** (1980, Biography)				Dirty Jobs			MythBusters
	520	146	-	DISC	Daily Planet (N)				Hart to Hart			Phil Silvers
	637	-	-	TVLND	Red Green	Red Green	Fantasy Island		Canada's Next Top Model			Britain's Next Top Model
	605	-	-	FASH	Britain's Next Top Model		FashionTele	RAW				Australia's

critics'corner

The Nature of Things
It's a deep subject. The new four-part series "One Ocean" is an ambitious look at the past, present and future of the Earth's ocean waters, starting here with the birth of the ocean itself and the emergence of life from its depths. Later episodes explore the variety of present-day sea life and the role of the ocean in our future survival. As you might expect, the visuals are eye-popping. David Suzuki hosts. 8 PM on CBC



Community
Jeff (Joel McHale) enrolls in a billiards class and is eager to show off his skills, but he's less than thrilled to find out what he's required to wear to class. Abed (Danny Pudi) asks the gang to help him bring out different sides of his personality to boost his love life. Chevy Chase and Yvette Nicole Brown also star in the new episode "Physical Education." 8 PM on NBC CITY

Food-borne illnesses, such as E. coli and salmonella, cost the United States \$152 billion annually in health care and other losses, according to a report released yesterday by a food safety group. **THE ASSOCIATED PRESS**

Urban Foodie

★★★★★ INSPIRED; ★★★★★ VERY GOOD; ★★★ PALATABLE; ★★ HO-HUM; ★ NEVER AGAIN

Rodney's has fun vibe, great apps

STEPHANIE DICKISON
torontourbanfoodie@gmail.com

Rodney's By Bay
56 Temperance St.
416-703-5111
rodneysbybay.com

Rating: ★★★★★
Dinner & drinks for two:
\$70

You'd never find it on your own. Rodney's By Bay is down this narrow laneway with not much else on it.

Of course business folks in the area know all about it. And they're here tonight in their crisp white button-downs, navy suits and expense accounts.

This tiny little bar/restaurant only seats 40. A u-shaped bar takes up most of the room, with banquettes and tall stools along the outer walls.

Oysters are a huge focus of the place. We have Raspberry Point, P.E.I., and Kushi, B.C., bivalves (3/\$8.55). They are viva-

On the web

- Get recipes and more great food content at metronews.ca/recipes

cious and clean.

The Trio of Tuna Tartares (\$17) is fantastic. Soft, sensuous tuna is gently evoked with jalapeno and ginger, spicy red chili and shitake soy. Accompanied by warm wonton crisps, it is swoon worthy.

The Lobster Roll (\$22) however, is atrocious. "Hand-pulled warm lobster" is chewy and flavourless on the tiniest buttery bun.

The bisque is even worse — cloyingly sweet, it is like a lobster crème brûlée. Better to go with the Shrimp Risotto (\$22) which, dotted with shrimp and peas, is creamy and fulfilling.

In fact, keep this a place that you go for drinks and apps. You're sure to fully enjoy it that way.



Lobster Roll (\$22) with lobster bisque and tatsoi greens

Butcher shop more than just meat

MEAT MARKET Nosso Talho Meat Shops have been around since 1974. With two locations to serve you — 1042 Bloor St. W. and 1326 Dundas St. W. — this Portuguese butcher shop offers not only fresh meat, but grocery items, a deli and cheese counter and Portuguese delicacies such as chourico (sausage), bacalhau (salted cod fish) and sardines. Go to nossotalho.com. **METRO TORONTO**

Become the new Ace of Cakes

CAKE WALK If you've always wanted to bake and learn to decorate cakes, the Bonnie Gordon School (868A Eglinton Ave. W.) is for you. This confectionary arts school offers a large range of classes.

And they have a new professional kitchen to accommodate more people, so check out their classes and schedule at bonniegordonschool.com or call 416-440-0333.

METRO TORONTO

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Call 416-415-2260 for reservations.

Visit www.thechefshouse.com to learn more.



the **chefs'** house
Learning is our main ingredient

Dining out

MARTINI MADNESS Crepes and martinis? Not the first thing you'd think of, but for only \$4 on Thursdays at Café Crepe (246 Queen St. W.), martinis will work with just about anything. Get something savory with protein to soak up the alcohol with a Chicken, Egg & Swiss Cheese Crepe (\$8) or something to satisfy that

sweet tooth of yours like the Dark Chocolate & Banana Crepe (\$6.50). Call 416-260-1611 for hours and info.

ON THE GO Eating on the run often means eating poorly. But not at Walk In Wok Out (495 Bloor St. W.). You choose your base (\$3.95 ea) — noodles, rice or veggies — add your ex-

tras (\$2.95 ea) such as chicken, shrimp, beef, pork or other vegetables and then top it off with a homemade sauce (free). Salads/soups are also available. Dine in, take out or get it delivered. Delicious, homemade and healthy! Call 416-929-WALK (9255) for info.

METRO TORONTO

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant for a recipe of Caramelized Onion Lentil Dip



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You know you've had too much when ...

Beverly Hills plastic surgeon Frank Ryan recently performed 10 procedures on Heidi Montag. Now he tells UsMagazine.com he won't operate on The Hills star, 23, again. "There's really nothing to do," he said. **METRO NEWS SERVICES**

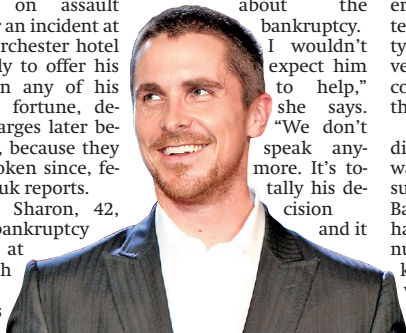
entertainment **47****Celebrity Buzz****No financial Bale out for sis**

BLOOD IS THICKER THAN WATER BUT NOT AS THICK AS \$60 MILLION ONE DOLLAR BILLS Christian Bale — whose family had him arrested in July 2008 on assault charges after an incident at London's Dorchester hotel — is unlikely to offer his sister Sharon any of his \$60 million fortune, despite the charges later being dropped, because they have not spoken since, femalefirst.co.uk reports.

His sister Sharon, 42, faced a bankruptcy hearing at Bournemouth County Court, and is

in the precarious financial situation because of a number of disastrous property investments.

"Christian doesn't know about the bankruptcy. I wouldn't expect him to help," she says. "We don't speak anymore. It's totally his decision and it



makes us all very sad. I started my own property investment company and made some mistakes."

Bale's 61-year-old mother Jenny — whose daughter now faces the possibility of losing her home — revealed they not had any contact with the actor for the past year.

"Sharon is in a pretty dire situation and has always tried her hardest to support her family," says Bale's mom. "We don't have Christian's current number and he doesn't know anything about what's happening."

METRO NEWS SERVICES**This was about a stun gun, right?**

NOT A SEMI-AUTOMATIC OR A BAZOOKA? A lawyer for Katherine Jackson is zapping reports that Jermaine Jackson's 13-year-old son Jaafar allegedly tried to harm the late King of Pop's son Blanket with a stun gun, people.com reports.

The L.A. County Department of Children and Family Services visited the Jacksons' Encino, Calif., home, but the family insists it was much ado about nothing.

"Blanket Jackson never saw or heard the stun gun," says attorney Adam Streisand in a statement.

"Neither did Paris Jackson. Prince saw the stun gun in the possession of security. There is no second stun gun."

Streisand says Jaafar, who lives with his mother Alejandra at the home, ordered a stun gun online two weeks ago and opened the package alone in his bathroom and tested it on a piece of paper.

"Mrs. Jackson and security heard the sound coming from the

second floor of the house," the lawyer says.

"Immediately, security went upstairs and confiscated the stun gun. Mrs. Jackson took control over it and then had it removed from the house. There was no other incident."

"All of the kids are happy, healthy and wonderful and that is Mrs. Jackson's only objective and concern," Streisand adds.

**METRO NEWS SERVICES****Dancing into Dane Cook's life**

AND HOPEFULLY DOSIE DOUGHING RIGHT OUT OF IT AGAIN Since her split from boyfriend Chuck Wicks in November, country and dancing darling Julianne Hough appears to be enjoying the single life, people.com re-



ports. In December she was briefly linked to Kings of Leon bassist Jared Followill, and the Dancing with the Stars pro now seems to be spending some quality time with funnyman Dane Cook.

Hough, 21, attend-

ed Cook's surprise performance at Hollywood's Laugh Factory Saturday night.

A source says that after his set, the comedian walked over to Hough, who was seated at a private table, and "kissed her, and they quickly left together."

Reps for both Hough and Dane had no comment.

METRO NEWS SERVICES**Betty White not dead yet**

GOSSIP WRITERS — SHOULDN'T TRUST THEM. EXCEPT FOR US, OF COURSE There are some people who you just shouldn't mess with, and one of them is Golden Girls goddess Betty White, popeater.ca reports.

In the wee hours of Tuesday night/Wednesday morning, a dastardly hoax was perpetrated in the comments area of popular gossip blog Oh No They Didn't, where a screen-shot of a fake TMZ article was posted claiming the actress had died.

How'd she

**METRO NEWS SERVICES**

perish? The faux article said it was mixture of drug abuse and foul play. From there, the rumour spread like wildfire and quickly became a hot trend on Twitter and Google.

A blog called The Cutting Room Floor got to the bottom of the hoax early Wednesday.

Though commenters on Oh No They Didn't claimed they had seen the article on TMZ, no such piece could be found on the popular website's homepage.

Avatar considered off limits

BUT CAN YOU IMAGINE WHAT HE'D DO WITH IT IF IT WASN'T? If there was anyone who could fall into the "too

racy for the Oscars" category when it came to writing a skit, Sacha Baron Cohen sits at the top of the list, popeater.com reports.

So it's no surprise that the man behind raunchy-yet-hysterical alter egos

like Borat and Bruno had his skit vetoed from this weekend's Oscars telecast.

Why? Because it apparently contained some jokes directed at Avatar director James Cameron, and the show's producers didn't want to insult the man behind the biggest movie ever.

**METRO NEWS SERVICES****The man works in showbiz**

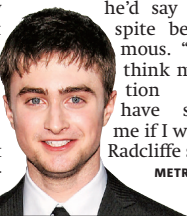
IT'S HARDLY A HOSTILE ENVIRONMENT FOR 'COMING OUT' Harry Potter star Daniel Radcliffe takes rumours about his sexuality in stride, he tells MTV News.

"My favourite thing I saw was a guy on the Internet that said, 'Of course he's gay. He's got a gay face,' which I thought was kind of an odd thing to say anyway," says Radcliffe.

"Like they've sat at home and have got pictures of me next to oth-

er famous gay (people) — Elton John. I don't know — just comparing across the years."

The 20-year-old star insists if he were gay, he'd say so, despite being famous. "I don't think my position would have stopped me if I was gay," Radcliffe says.

**METRO WORLD NEWS**

Follow these celebrities on Twitter...

CelebTweets

CONAN O'BRIEN isn't adapting well to Twitter, **KELLY OSBOURNE** has her priorities set, **DIABLO CODY** isn't proud of herself, and **TAYLOR SWIFT** has poor impulse control. @ConanOBrien This is only my 5th tweet and I'm already exhausted. My God, how does Ashton do it? @MissKellyO I would not waste money on plastic surgery people have already made up there minds as to what I look like and I would rather buy a new dress @diablocody Just transformed a full bag of "Tacos at Midnight" Doritos into a half-empty bag of "Shame at Noon" Doritos. @taylorswift13 At the nail salon. Toes under the nail-dryer thing. They put me in front of the bowl of tootsie rolls. Now they're having to refill it.

METRO NEWS SERVICES**Poppa don't preach**

TO THE PRESS PLEASE Of all the problems Lindsay Lohan has faced recently, she says the worst is her father, Michael Lohan, talking about her to the press.

"He's nuts. He is someone who is crying out for help and attention. He is the one who should be in rehab," Lohan says, according to Hollyscoop.

"The real issue here? I don't condone that he has never paid child support. He has never stepped up. It's not fair, my mom has been such a great mother and has done such a great job raising us."

METRO WORLD NEWS**YOU'RE THE ONE THAT I WANT, 00 00 00.**

Watch **JEOPARDY!** tonight at 7:30 for the answer.

Following Wheel of Fortune at 7pm



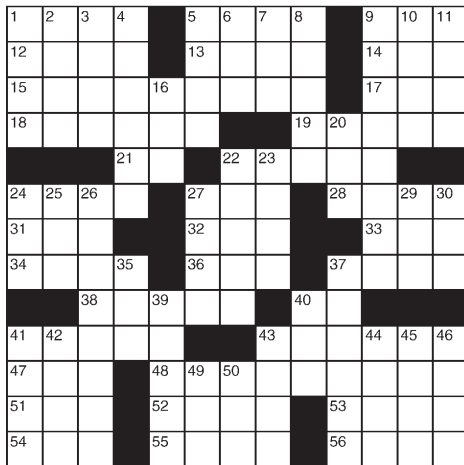
Yesterday's answer: What is sweeps clean?



CBC



Take Five

For more delicious Metro recipes, visit: metronews.ca/food

ACROSS

1 False god
5 Unruly groups
9 Antiquated
12 Pond organism
13 The same as above
14 Airport over-seer org.
15 Regulated by traffic lights
17 Evergreen type
18 Render helpless
19 Express gratitude
21 On the other hand
22 Blackjack component, sometimes
24 Liner, e.g.
27 Fellow
28 Tend texts
31 A billion years
32 Moreover
33 Eggs
34 Blue hue
36 Bachelor's last words

37 Recognized
38 Bellini opera
40 Hello
41 Sill
43 She had some bad hair days
47 UN workers' org.
48 Baseball tactic
51 Winter woe
52 Related
53 "— She Love-ly"
54 NYC hrs.
55 Part of N.B.
56 Relaxation

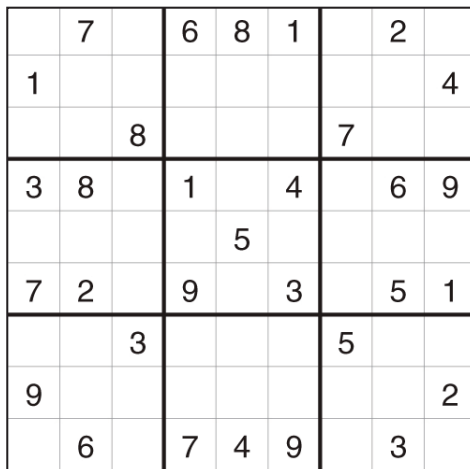
DOWN

1 Hit hard
2 Singing voice
3 Enthusiastic
4 Computer style
5 Go for the gold?
6 Strange
7 Plead
8 Struck
9 Occasionally
10 Reclined
11 Unlit
16 Melody
20 "— Haw"
22 Informal inter-view
23 Destroy
24 Collection
25 Weeding tool
26 Quick, as an errand
27 Cripple
29 "— had it!"
30 Playing marble
35 Journal
37 Tyke
39 12-step program
40 Coop occupant
41 Biography
42 Right angles
43 Lion's pride
44 — Minor
45 Catches some rays
46 Initial chip
49 Presidential nickname
50 Stannum

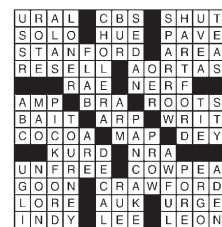
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



2	5	9	6	7	1	3	4	8
8	3	4	2	5	9	1	7	6
7	1	6	8	4	3	5	9	2
3	4	2	9	8	6	7	5	1
1	6	7	3	2	5	9	8	4
5	9	8	4	1	7	2	6	3
6	2	1	5	9	4	8	3	7
4	8	5	7	3	2	6	1	9
9	7	3	1	6	8	4	2	5



Metro Recipe of the Day



Moroccan chickpea stew

METHOD:

1. In a Dutch oven or large saucepan, heat oil over medium-high heat. Add onion, ginger, salt, pepper, turmeric, cinnamon and chili powder. Cook until onion is tender and golden, about 10 minutes. Stir in tomatoes with their juices and broth, scraping any bits from the bottom of the pan. Add sweet potatoes and rice; bring to a boil. Reduce heat to maintain a simmer, cover and cook for 15 minutes.

INGREDIENTS:

15 ml (1 tbsp) olive oil
1 large onion, chopped
2 ml (1/2 tsp) ground ginger
2 ml (1/2 tsp) each salt and freshly cracked black pepper
1 ml (1/4 tsp) each turmeric, cinnamon and chili powder
1 can (796 ml/28 oz) diced tomatoes (undrained)
500 ml (2 cups) vegetable or chicken broth
2 peeled sweet potatoes, cut into chunks
250 ml (1 cup) long-grain white rice
1 can (540 ml/19 oz) chickpeas, rinsed and drained
2 zucchini, sliced

2. Stir in chickpeas and zucchini and cook until rice is tender and most of the liquid has been absorbed, about 10 minutes.

SERVES 4

Horoscopes by Sally Brompton sallybrompton.com For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20

If you are creative or artistic then you will soon get the chance to show what you can do. Your special talent is about to make itself known.

LIBRA

SEPT 23-OCT 23

Go with the flow today, even if it appears to be taking you in a direction that doesn't feel right.

TAURUS

APRIL 21-MAY 21

A friend or family member needs your help and you won't hesitate to give it. You have energy, you have enthusiasm and you have self-belief.

SCORPIO

OCT 24-NOV 22

It may not seem as if Lady Luck is smiling on you at the moment but a few weeks from now you will realize how many things began to change around this time.

GEMINI

MAY 22-JUNE 21

Be ambitious today. Others may have more talent and experience than you but those things matter less than energy and self-belief.

SAGITTARIUS

NOV 23-DEC 21

There are times when even a Sagittarius needs to unburden their feelings and this is one of them. But you must be careful who you choose to talk to.

CANCER

JUNE 22-JULY 22

If you keep your eyes and ears open today you may get a pointer as to which direction your optimal future can be found. Pay attention!

CAPRICORN

DEC 22-JAN 20

You have more control over the events of your life than you seem to be aware of and what happens today will confirm that fact in some way.

LEO

JULY 23-AUG 23

The fact that you feel a certain way means you are entitled to feel that way — you don't need permission. You are who you are for a reason.

AQUARIUS

JAN 21-FEB 18

Listen to your inner voice today. If it tells you that something is not quite right you must take note.

VIRGO

AUG 24-SEPT 22

You will feel so alive and on top of things today that you will get ten things done in the time it usually takes you to do just one.

PISCES

FEB 19-MARCH 20

Believe it or not you are on the right track and making considerable progress, so there is no need to change your tactics or lower your sights.

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-J.D. Power & Associates



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